US HARBORS www.USHarbors.com

Boynton Beach, Lake Worth, FL - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:59	2.3	2:34	2.3	8:55	0.3	9:14	0.6	6:45	8:07	
2	Mon	2:38	2.3	3:23	2.3	9:40	0.3	10:04	0.7	6:45	8:07	
3	Tue	3:23	2.2	4:19	2.3	10:33	0.3	11:03	0.7	6:46	8:06	
4	Wed	4:17	2.2	5:22	2.3	11:33	0.2			6:46	8:05	
5	Thu	5:20	2.2	6:28	2.4	12:08	0.7	12:36	0.2	6:47	8:05	
6	Fri	6:28	2.3	7:30	2.5	1:12	0.6	1:38	0.0	6:47	8:04	
7	Sat	7:34	2.5	8:26	2.7	2:11	0.5	2:36	-0.1	6:48	8:03	
8	Sun	8:35	2.7	9:18	2.9	3:07	0.3	3:30	-0.3	6:48	8:02	
9	Mon	9:31	2.9	10:08	3.1	4:00	0.0	4:23	-0.4	6:49	8:02	
10	Tue	10:25	3.1	10:55	3.2	4:51	-0.2	5:14	-0.4	6:49	8:01	
11	Wed	11:18	3.2	11:42	3.2	5:41	-0.3	6:05	-0.4	6:50	8:00	
12	Thu			12:09	3.2	6:31	-0.4	6:56	-0.3	6:50	7:59	
13	Fri	12:29	3.2	1:01	3.2	7:22	-0.4	7:48	-0.1	6:51	7:58	
14	Sat	1:17	3.1	1:55	3.1	8:15	-0.3	8:43	0.1	6:51	7:57	
15	Sun	2:07	2.9	2:50	2.9	9:10	-0.2	9:41	0.3	6:52	7:57	
16	Mon	3:01	2.7	3:50	2.7	10:09	0.0	10:42	0.5	6:52	7:56	
17	Tue	3:58	2.6	4:53	2.6	11:12	0.1	11:46	0.7	6:53	7:55	
18	Wed	5:01	2.5	5:59	2.5			12:16	0.2	6:53	7:54	
19	Thu	6:06	2.4	7:01	2.5	12:50	0.7	1:16	0.3	6:54	7:53	
20	Fri	7:08	2.4	7:56	2.6	1:48	0.7	2:11	0.3	6:54	7:52	
21	Sat	8:02	2.5	8:42	2.6	2:41	0.6	3:01	0.3	6:55	7:51	
22	Sun	8:50	2.6	9:22	2.7	3:27	0.6	3:45	0.3	6:55	7:50	
23	Mon	9:32	2.7	9:58	2.8	4:09	0.5	4:25	0.3	6:55	7:49	
24	Tue	10:11	2.7	10:33	2.8	4:47	0.4	5:03	0.3	6:56	7:48	
25	Wed	10:49	2.8	11:06	2.8	5:23	0.3	5:38	0.3	6:56	7:47	
26	Thu	11:26	2.8	11:40	2.8	5:57	0.3	6:13	0.4	6:57	7:46	
27	Fri			12:03	2.8	6:30	0.3	6:46	0.5	6:57	7:45	
28	Sat	12:14	2.7	12:40	2.7	7:02	0.3	7:20	0.6	6:58	7:44	
29	Sun	12:48	2.7	1:20	2.7	7:36	0.4	7:56	0.7	6:58	7:43	
30	Mon	1:24	2.6	2:03	2.6	8:15	0.4	8:38	0.8	6:59	7:42	
31	Tue	2:04	2.5	2:52	2.6	9:00	0.5	9:28	0.9	6:59	7:41	