

































## Boynton Beach, Lake Worth, FL - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:06	2.5	6:14	2.4	12:23	-0.2	12:53	0.2	7:08	5:39	
2	Wed	7:01	2.5	7:06	2.4	1:15	-0.2	1:45	0.2	7:08	5:39	
3	Thu	7:50	2.6	7:53	2.4	2:03	-0.3	2:33	0.2	7:08	5:40	
4	Fri	8:34	2.6	8:37	2.4	2:49	-0.3	3:17	0.2	7:09	5:41	
5	Sat	9:15	2.6	9:18	2.4	3:31	-0.3	3:59	0.1	7:09	5:41	
6	Sun	9:54	2.5	9:57	2.3	4:12	-0.3	4:39	0.1	7:09	5:42	
7	Mon	10:31	2.5	10:36	2.3	4:51	-0.2	5:18	0.1	7:09	5:43	
8	Tue	11:08	2.4	11:15	2.2	5:29	-0.2	5:56	0.2	7:09	5:44	
9	Wed	11:44	2.4	11:54	2.2	6:06	-0.1	6:34	0.2	7:09	5:44	
10	Thu			12:21	2.3	6:43	0.0	7:12	0.2	7:09	5:45	
11	Fri	12:36	2.1	1:00	2.2	7:22	0.1	7:53	0.2	7:09	5:46	
12	Sat	1:21	2.0	1:40	2.1	8:05	0.2	8:38	0.2	7:09	5:47	
13	Sun	2:09	2.0	2:24	2.1	8:55	0.3	9:28	0.2	7:09	5:47	
14	Mon	3:04	2.0	3:14	2.0	9:52	0.4	10:23	0.1	7:09	5:48	
15	Tue	4:04	2.0	4:10	2.0	10:53	0.4	11:21	-0.1	7:09	5:49	
16	Wed	5:07	2.1	5:11	2.1	11:55	0.3			7:09	5:50	
17	Thu	6:09	2.3	6:13	2.2	12:19	-0.2	12:53	0.2	7:09	5:50	
18	Fri	7:07	2.5	7:12	2.3	1:15	-0.4	1:49	0.0	7:09	5:51	
19	Sat	8:02	2.6	8:08	2.5	2:10	-0.6	2:42	-0.1	7:09	5:52	
20	Sun	8:54	2.8	9:03	2.6	3:03	-0.8	3:34	-0.3	7:09	5:53	
21	Mon	9:44	2.9	9:56	2.7	3:55	-0.9	4:26	-0.4	7:08	5:54	
22	Tue	10:34	2.9	10:49	2.8	4:47	-0.9	5:17	-0.5	7:08	5:54	
23	Wed	11:22	2.9	11:42	2.8	5:39	-0.8	6:10	-0.6	7:08	5:55	
24	Thu			12:11	2.8	6:32	-0.7	7:03	-0.6	7:08	5:56	
25	Fri	12:36	2.7	1:01	2.7	7:27	-0.5	7:59	-0.5	7:07	5:57	
26	Sat	1:32	2.6	1:53	2.5	8:24	-0.3	8:57	-0.4	7:07	5:57	
27	Sun	2:30	2.4	2:47	2.3	9:25	-0.1	9:56	-0.3	7:07	5:58	
28	Mon	3:32	2.3	3:45	2.2	10:27	0.1	10:57	-0.3	7:06	5:59	
29	Tue	4:36	2.2	4:46	2.1	11:29	0.2	11:56	-0.2	7:06	6:00	
30	Wed	5:39	2.2	5:46	2.0			12:28	0.2	7:05	6:01	
31	Thu	6:38	2.2	6:42	2.0	12:51	-0.2	1:23	0.2	7:05	6:01	