US HARBORS www.USHarbors.com

Boynton Beach, Lake Worth, FL - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:22	2.4	5:27	2.2			12:13	0.3	7:08	5:39	
2	Mon	6:20	2.4	6:21	2.2	12:35	-0.1	1:07	0.4	7:08	5:39	
3	Tue	7:12	2.4	7:11	2.2	1:25	-0.2	1:56	0.3	7:08	5:40	
4	Wed	7:59	2.4	7:57	2.2	2:12	-0.2	2:41	0.3	7:09	5:41	
5	Thu	8:41	2.4	8:39	2.2	2:55	-0.2	3:24	0.3	7:09	5:41	
6	Fri	9:21	2.4	9:20	2.2	3:37	-0.2	4:05	0.3	7:09	5:42	
7	Sat	9:59	2.4	9:59	2.2	4:16	-0.2	4:44	0.2	7:09	5:43	
8	Sun	10:36	2.4	10:38	2.2	4:54	-0.2	5:22	0.2	7:09	5:44	
9	Mon	11:12	2.4	11:18	2.2	5:31	-0.1	5:59	0.2	7:09	5:44	
10	Tue	11:48	2.3	11:58	2.1	6:07	0.0	6:35	0.2	7:09	5:45	
11	Wed			12:24	2.3	6:44	0.1	7:13	0.2	7:09	5:46	
12	Thu	12:40	2.1	1:01	2.2	7:23	0.2	7:53	0.2	7:09	5:47	
13	Fri	1:26	2.0	1:40	2.1	8:07	0.2	8:38	0.1	7:09	5:47	
14	Sat	2:16	2.0	2:23	2.0	8:59	0.3	9:30	0.1	7:09	5:48	
15	Sun	3:12	2.0	3:14	2.0	9:58	0.4	10:27	0.0	7:09	5:49	
16	Mon	4:14	2.1	4:13	2.0	11:02	0.4	11:29	-0.2	7:09	5:50	
17	Tue	5:20	2.2	5:18	2.1			12:06	0.3	7:09	5:50	
18	Wed	6:24	2.3	6:24	2.2	12:30	-0.3	1:07	0.2	7:09	5:51	
19	Thu	7:24	2.5	7:26	2.3	1:29	-0.5	2:04	0.1	7:09	5:52	
20	Fri	8:20	2.7	8:24	2.5	2:26	-0.7	2:59	-0.1	7:09	5:53	
21	Sat	9:12	2.8	9:20	2.6	3:21	-0.8	3:52	-0.3	7:08	5:54	
22	Sun	10:02	2.9	10:14	2.7	4:14	-0.9	4:45	-0.4	7:08	5:54	
23	Mon	10:50	2.9	11:07	2.8	5:06	-0.8	5:36	-0.5	7:08	5:55	
24	Tue	11:37	2.8	11:59	2.7	5:58	-0.7	6:28	-0.5	7:08	5:56	
25	Wed			12:24	2.7	6:51	-0.6	7:21	-0.5	7:07	5:57	
26	Thu	12:53	2.6	1:12	2.6	7:45	-0.3	8:15	-0.5	7:07	5:57	
27	Fri	1:47	2.5	2:01	2.4	8:41	-0.1	9:10	-0.4	7:07	5:58	
28	Sat	2:44	2.3	2:53	2.2	9:39	0.1	10:08	-0.2	7:06	5:59	
29	Sun	3:45	2.2	3:50	2.0	10:40	0.3	11:07	-0.2	7:06	6:00	
30	Mon	4:48	2.1	4:50	1.9	11:41	0.4			7:05	6:01	
31	Tue	5:50	2.0	5:50	1.9	12:05	-0.1	12:39	0.4	7:05	6:01	