

































## Boynton Beach, Lake Worth, FL - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:13	1.9	5:15	1.8			12:07	0.5	6:43	6:21	
2	Thu	6:15	1.9	6:17	1.9	12:32	0.1	1:05	0.5	6:42	6:21	
3	Fri	7:07	2.0	7:10	2.0	1:26	0.1	1:56	0.4	6:41	6:22	
4	Sat	7:51	2.1	7:57	2.1	2:13	0.0	2:40	0.3	6:40	6:23	
5	Sun	8:30	2.3	8:39	2.2	2:55	-0.1	3:19	0.1	6:39	6:23	
6	Mon	9:06	2.3	9:18	2.3	3:33	-0.1	3:55	0.0	6:38	6:24	
7	Tue	9:40	2.4	9:57	2.4	4:09	-0.1	4:29	-0.1	6:37	6:24	
8	Wed	10:15	2.4	10:35	2.4	4:44	-0.1	5:01	-0.2	6:36	6:25	
9	Thu	10:48	2.4	11:13	2.5	5:18	-0.1	5:34	-0.2	6:35	6:25	
10	Fri	11:22	2.4	11:52	2.4	5:53	0.0	6:08	-0.3	6:34	6:26	
11	Sat	11:57	2.3			6:30	0.0	6:46	-0.3	6:33	6:26	
12	Sun	12:34	2.4	1:35	2.2	8:12	0.2	8:31	-0.2	7:32	7:27	
13	Mon	2:21	2.3	2:20	2.1	9:00	0.3	9:24	-0.2	7:31	7:27	
14	Tue	3:17	2.2	3:15	2.1	9:58	0.4	10:28	-0.1	7:30	7:28	
15	Wed	4:23	2.2	4:24	2.1	11:07	0.4	11:40	-0.1	7:29	7:28	
16	Thu	5:35	2.2	5:42	2.1			12:21	0.4	7:28	7:29	
17	Fri	6:45	2.3	6:57	2.3	12:53	-0.2	1:31	0.3	7:27	7:29	
18	Sat	7:47	2.5	8:03	2.5	1:59	-0.3	2:32	0.0	7:26	7:30	
19	Sun	8:42	2.7	9:01	2.7	2:58	-0.4	3:27	-0.2	7:25	7:30	
20	Mon	9:31	2.8	9:54	2.9	3:53	-0.5	4:18	-0.4	7:24	7:31	
21	Tue	10:17	2.9	10:43	3.0	4:43	-0.5	5:06	-0.6	7:22	7:31	
22	Wed	11:01	2.9	11:30	3.0	5:31	-0.5	5:52	-0.7	7:21	7:32	
23	Thu	11:43	2.8			6:18	-0.4	6:37	-0.6	7:20	7:32	
24	Fri	12:15	2.9	12:25	2.7	7:04	-0.2	7:22	-0.5	7:19	7:33	
25	Sat	1:00	2.8	1:08	2.5	7:50	0.0	8:08	-0.3	7:18	7:33	
26	Sun	1:46	2.6	1:51	2.3	8:37	0.2	8:56	-0.1	7:17	7:34	
27	Mon	2:33	2.4	2:37	2.2	9:27	0.4	9:50	0.1	7:16	7:34	
28	Tue	3:25	2.2	3:28	2.0	10:23	0.6	10:50	0.3	7:15	7:35	
29	Wed	4:23	2.0	4:28	1.9	11:27	0.7	11:54	0.4	7:14	7:35	
30	Thu	5:27	2.0	5:36	1.9			12:32	0.7	7:13	7:36	
31	Fri	6:30	2.0	6:41	1.9	12:56	0.4	1:31	0.6	7:12	7:36	