US HARBORS www.USHarbors.com

Boynton Beach, Lake Worth, FL - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:02	2.8	10:10	2.6	4:12	-0.4	4:41	0.0	7:08	5:39	
2	Tue	10:46	2.8	10:58	2.6	4:57	-0.5	5:26	-0.1	7:08	5:40	
3	Wed	11:30	2.8	11:48	2.6	5:44	-0.4	6:14	-0.2	7:09	5:40	
4	Thu			12:15	2.7	6:33	-0.3	7:04	-0.3	7:09	5:41	
5	Fri	12:41	2.6	1:02	2.6	7:26	-0.2	7:57	-0.3	7:09	5:42	
6	Sat	1:37	2.5	1:53	2.5	8:23	-0.1	8:55	-0.3	7:09	5:42	
7	Sun	2:36	2.5	2:49	2.4	9:25	0.1	9:57	-0.3	7:09	5:43	
8	Mon	3:41	2.4	3:50	2.3	10:30	0.2	11:01	-0.3	7:09	5:44	
9	Tue	4:48	2.4	4:55	2.3	11:35	0.2			7:09	5:45	
10	Wed	5:54	2.4	5:59	2.3	12:04	-0.3	12:38	0.2	7:09	5:45	
11	Thu	6:55	2.5	7:00	2.3	1:03	-0.4	1:36	0.1	7:09	5:46	
12	Fri	7:49	2.5	7:55	2.4	1:59	-0.4	2:30	0.1	7:09	5:47	
13	Sat	8:38	2.6	8:45	2.4	2:50	-0.5	3:20	0.0	7:09	5:48	
14	Sun	9:23	2.6	9:31	2.5	3:38	-0.5	4:06	-0.1	7:09	5:49	
15	Mon	10:04	2.6	10:14	2.4	4:23	-0.5	4:50	-0.1	7:09	5:49	
16	Tue	10:42	2.6	10:55	2.4	5:06	-0.4	5:32	-0.1	7:09	5:50	
17	Wed	11:18	2.5	11:35	2.3	5:46	-0.3	6:12	-0.1	7:09	5:51	
18	Thu	11:53	2.4			6:26	-0.1	6:51	-0.1	7:09	5:52	
19	Fri	12:14	2.2	12:29	2.3	7:05	0.0	7:30	0.0	7:09	5:52	
20	Sat	12:55	2.1	1:05	2.1	7:46	0.2	8:11	0.0	7:09	5:53	
21	Sun	1:38	2.0	1:44	2.0	8:29	0.3	8:56	0.1	7:08	5:54	
22	Mon	2:26	2.0	2:28	1.9	9:17	0.4	9:46	0.1	7:08	5:55	
23	Tue	3:20	1.9	3:19	1.9	10:13	0.5	10:41	0.1	7:08	5:56	
24	Wed	4:20	1.9	4:19	1.8	11:13	0.5	11:39	0.0	7:07	5:56	
25	Thu	5:23	1.9	5:23	1.9			12:13	0.5	7:07	5:57	
26	Fri	6:24	2.1	6:24	2.0	12:35	-0.1	1:09	0.3	7:07	5:58	
27	Sat	7:18	2.2	7:21	2.1	1:28	-0.2	2:00	0.2	7:06	5:59	
28	Sun	8:08	2.4	8:14	2.3	2:18	-0.4	2:48	0.0	7:06	5:59	
29	Mon	8:54	2.6	9:05	2.5	3:06	-0.5	3:35	-0.2	7:06	6:00	
30	Tue	9:39	2.7	9:54	2.6	3:54	-0.6	4:21	-0.4	7:05	6:01	
31	Wed	10:23	2.7	10:43	2.7	4:41	-0.7	5:07	-0.6	7:05	6:02	