US HARBORS www.USHarbors.com

Boynton Beach, Lake Worth, FL - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:29	2.5	7:46	2.5	1:45	-0.4	2:14	-0.1	6:43	6:21	
2	Sat	8:16	2.6	8:35	2.6	2:37	-0.4	3:02	-0.3	6:42	6:22	
3	Sun	8:59	2.6	9:20	2.6	3:24	-0.4	3:47	-0.4	6:41	6:22	
4	Mon	9:39	2.6	10:01	2.6	4:08	-0.4	4:28	-0.4	6:40	6:23	
5	Tue	10:16	2.6	10:40	2.6	4:49	-0.3	5:08	-0.4	6:39	6:23	
6	Wed	10:51	2.5	11:17	2.5	5:28	-0.2	5:46	-0.4	6:38	6:24	
7	Thu	11:26	2.4	11:54	2.4	6:06	-0.1	6:23	-0.3	6:37	6:24	
8	Fri			12:01	2.3	6:43	0.1	7:01	-0.1	6:36	6:25	
9	Sat	12:33	2.3	12:37	2.2	7:21	0.2	7:40	0.0	6:35	6:25	
10	Sun	1:14	2.1	2:17	2.0	9:02	0.4	9:24	0.1	7:34	7:26	
11	Mon	3:00	2.0	3:03	1.9	9:50	0.5	10:16	0.2	7:33	7:26	
12	Tue	3:54	1.9	3:59	1.9	10:48	0.6	11:17	0.3	7:32	7:27	
13	Wed	4:55	1.9	5:04	1.9	11:53	0.6			7:31	7:27	
14	Thu	5:59	2.0	6:12	1.9	12:20	0.3	12:56	0.5	7:30	7:28	
15	Fri	6:59	2.1	7:14	2.1	1:19	0.2	1:51	0.3	7:29	7:29	
16	Sat	7:52	2.3	8:10	2.3	2:13	0.0	2:40	0.1	7:27	7:29	
17	Sun	8:40	2.4	9:02	2.5	3:03	-0.1	3:26	-0.1	7:26	7:30	
18	Mon	9:25	2.6	9:50	2.7	3:49	-0.2	4:11	-0.3	7:25	7:30	
19	Tue	10:09	2.7	10:37	2.9	4:35	-0.3	4:55	-0.5	7:24	7:31	
20	Wed	10:53	2.8	11:25	3.0	5:21	-0.4	5:40	-0.7	7:23	7:31	
21	Thu	11:37	2.8			6:07	-0.4	6:26	-0.7	7:22	7:32	
22	Fri	12:13	3.0	12:24	2.8	6:55	-0.3	7:16	-0.7	7:21	7:32	
23	Sat	1:03	2.9	1:14	2.7	7:45	-0.2	8:09	-0.6	7:20	7:32	
24	Sun	1:56	2.8	2:07	2.6	8:40	0.0	9:07	-0.4	7:19	7:33	
25	Mon	2:54	2.6	3:07	2.4	9:41	0.1	10:12	-0.2	7:18	7:33	
26	Tue	3:57	2.5	4:13	2.3	10:49	0.2	11:21	-0.1	7:17	7:34	
27	Wed	5:03	2.4	5:24	2.3	11:58	0.2			7:16	7:34	
28	Thu	6:10	2.4	6:33	2.4	12:29	0.0	1:04	0.2	7:14	7:35	
29	Fri	7:10	2.4	7:35	2.5	1:32	0.0	2:02	0.1	7:13	7:35	
30	Sat	8:04	2.5	8:29	2.6	2:28	0.0	2:54	-0.1	7:12	7:36	
31	Sun	8:50	2.6	9:16	2.6	3:18	-0.1	3:40	-0.2	7:11	7:36	