US HARBORS www.USHarbors.com

Boynton Beach, Lake Worth, FL - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:17	2.5	3:37	2.5	10:13	0.1	10:46	-0.1	7:08	5:39	
2	Fri	4:21	2.4	4:36	2.4	11:15	0.2	11:44	-0.1	7:08	5:40	
3	Sat	5:23	2.4	5:34	2.3			12:14	0.2	7:08	5:40	
4	Sun	6:21	2.4	6:28	2.3	12:39	-0.2	1:08	0.2	7:09	5:41	
5	Mon	7:13	2.4	7:18	2.3	1:29	-0.2	1:57	0.2	7:09	5:42	
6	Tue	7:59	2.5	8:03	2.3	2:15	-0.2	2:43	0.2	7:09	5:42	
7	Wed	8:41	2.5	8:44	2.3	2:58	-0.3	3:25	0.1	7:09	5:43	
8	Thu	9:19	2.5	9:24	2.3	3:39	-0.3	4:05	0.1	7:09	5:44	
9	Fri	9:57	2.5	10:02	2.3	4:17	-0.3	4:43	0.1	7:09	5:45	
10	Sat	10:33	2.5	10:41	2.3	4:55	-0.2	5:20	0.1	7:09	5:45	
11	Sun	11:09	2.4	11:19	2.2	5:31	-0.2	5:57	0.1	7:09	5:46	
12	Mon	11:46	2.4	11:59	2.2	6:06	-0.1	6:33	0.1	7:09	5:47	
13	Tue			12:23	2.3	6:42	0.0	7:10	0.1	7:09	5:48	
14	Wed	12:41	2.1	1:01	2.2	7:22	0.1	7:51	0.1	7:09	5:48	
15	Thu	1:26	2.1	1:43	2.1	8:06	0.2	8:38	0.1	7:09	5:49	
16	Fri	2:16	2.0	2:29	2.1	8:59	0.2	9:32	0.0	7:09	5:50	
17	Sat	3:13	2.1	3:23	2.1	9:59	0.3	10:31	-0.1	7:09	5:51	
18	Sun	4:16	2.1	4:24	2.1	11:04	0.3	11:33	-0.2	7:09	5:52	
19	Mon	5:21	2.2	5:28	2.2			12:07	0.2	7:09	5:52	
20	Tue	6:24	2.4	6:31	2.3	12:33	-0.4	1:07	0.0	7:08	5:53	
21	Wed	7:23	2.6	7:31	2.5	1:31	-0.6	2:04	-0.1	7:08	5:54	
22	Thu	8:17	2.7	8:28	2.6	2:27	-0.7	2:58	-0.3	7:08	5:55	
23	Fri	9:09	2.9	9:22	2.8	3:20	-0.9	3:51	-0.5	7:08	5:55	
24	Sat	9:59	3.0	10:15	2.8	4:13	-0.9	4:43	-0.6	7:07	5:56	
25	Sun	10:48	3.0	11:08	2.8	5:05	-0.9	5:35	-0.7	7:07	5:57	
26	Mon	11:37	2.9			5:57	-0.8	6:27	-0.7	7:07	5:58	
27	Tue	12:00	2.8	12:26	2.8	6:50	-0.6	7:21	-0.6	7:06	5:59	
28	Wed	12:53	2.6	1:15	2.6	7:45	-0.4	8:16	-0.5	7:06	5:59	
29	Thu	1:48	2.5	2:07	2.4	8:42	-0.2	9:13	-0.4	7:06	6:00	
30	Fri	2:46	2.3	3:01	2.2	9:42	0.0	10:13	-0.3	7:05	6:01	
31	Sat	3:47	2.2	3:59	2.1	10:43	0.1	11:12	-0.2	7:05	6:02	