US HARBORS www.USHarbors.com

Boynton Beach, Lake Worth, FL - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:47	2.5	5:54	2.4			12:33	0.1	7:08	5:39	
2	Tue	6:49	2.7	6:55	2.5	12:58	-0.5	1:32	0.0	7:08	5:40	
3	Wed	7:46	2.8	7:52	2.6	1:54	-0.6	2:28	-0.1	7:09	5:40	
4	Thu	8:40	2.9	8:48	2.7	2:49	-0.7	3:21	-0.2	7:09	5:41	
5	Fri	9:32	3.0	9:41	2.8	3:42	-0.8	4:14	-0.2	7:09	5:42	
6	Sat	10:21	3.0	10:32	2.7	4:34	-0.8	5:05	-0.3	7:09	5:43	
7	Sun	11:09	2.9	11:23	2.7	5:25	-0.7	5:57	-0.3	7:09	5:43	
8	Mon	11:56	2.8			6:16	-0.5	6:48	-0.2	7:09	5:44	
9	Tue	12:13	2.5	12:43	2.6	7:08	-0.3	7:40	-0.1	7:09	5:45	
10	Wed	1:04	2.4	1:29	2.4	8:01	-0.1	8:34	-0.1	7:09	5:46	
11	Thu	1:56	2.3	2:16	2.3	8:55	0.1	9:28	0.0	7:09	5:46	
12	Fri	2:50	2.1	3:04	2.1	9:51	0.3	10:22	0.0	7:09	5:47	
13	Sat	3:47	2.0	3:55	2.0	10:48	0.4	11:15	0.1	7:09	5:48	
14	Sun	4:44	2.0	4:48	1.9	11:44	0.4			7:09	5:49	
15	Mon	5:40	2.0	5:41	1.9	12:06	0.0	12:36	0.4	7:09	5:49	
16	Tue	6:33	2.1	6:33	2.0	12:55	0.0	1:25	0.4	7:09	5:50	
17	Wed	7:21	2.2	7:21	2.0	1:41	-0.1	2:10	0.3	7:09	5:51	
18	Thu	8:05	2.3	8:07	2.1	2:24	-0.2	2:52	0.2	7:09	5:52	
19	Fri	8:48	2.4	8:50	2.2	3:04	-0.2	3:33	0.2	7:09	5:53	
20	Sat	9:29	2.4	9:33	2.2	3:44	-0.3	4:11	0.1	7:08	5:53	
21	Sun	10:09	2.5	10:15	2.3	4:22	-0.4	4:49	0.0	7:08	5:54	
22	Mon	10:48	2.5	10:57	2.3	5:00	-0.4	5:27	-0.1	7:08	5:55	
23	Tue	11:27	2.5	11:40	2.3	5:40	-0.4	6:07	-0.1	7:08	5:56	
24	Wed			12:07	2.4	6:22	-0.3	6:50	-0.2	7:07	5:56	
25	Thu	12:26	2.3	12:49	2.4	7:08	-0.2	7:37	-0.2	7:07	5:57	
26	Fri	1:17	2.3	1:34	2.3	7:59	-0.1	8:30	-0.3	7:07	5:58	
27	Sat	2:12	2.2	2:25	2.2	8:57	0.0	9:29	-0.3	7:06	5:59	
28	Sun	3:14	2.2	3:23	2.2	10:01	0.1	10:32	-0.3	7:06	6:00	
29	Mon	4:21	2.3	4:28	2.1	11:08	0.1	11:38	-0.4	7:05	6:00	
30	Tue	5:29	2.3	5:36	2.2			12:14	0.1	7:05	6:01	
31	Wed	6:34	2.4	6:41	2.3	12:41	-0.5	1:17	0.0	7:04	6:02	