

Canova Beach, FL - Jul 1989

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 6:39 | 3.5 | 7:30 | 3.8 | 12:41 | 0.2 | 1:02 | -0.7 | 6:29 | 8:23 | ☾ |
| 2 | Sun | 7:34 | 3.6 | 8:20 | 3.9 | 1:34 | 0.2 | 1:54 | -0.7 | 6:29 | 8:23 | ☾ |
| 3 | Mon | 8:25 | 3.6 | 9:07 | 3.9 | 2:25 | 0.1 | 2:44 | -0.6 | 6:29 | 8:23 | ● |
| 4 | Tue | 9:14 | 3.6 | 9:51 | 3.8 | 3:15 | 0.1 | 3:32 | -0.5 | 6:30 | 8:23 | ● |
| 5 | Wed | 10:00 | 3.5 | 10:32 | 3.7 | 4:02 | 0.1 | 4:19 | -0.3 | 6:30 | 8:22 | ● |
| 6 | Thu | 10:45 | 3.4 | 11:12 | 3.6 | 4:49 | 0.1 | 5:04 | -0.1 | 6:31 | 8:22 | ● |
| 7 | Fri | 11:29 | 3.3 | 11:51 | 3.4 | 5:34 | 0.2 | 5:49 | 0.1 | 6:31 | 8:22 | ☾ |
| 8 | Sat | | | 12:14 | 3.2 | 6:19 | 0.2 | 6:35 | 0.4 | 6:32 | 8:22 | ☾ |
| 9 | Sun | 12:29 | 3.2 | 1:00 | 3.1 | 7:04 | 0.3 | 7:23 | 0.6 | 6:32 | 8:22 | ☾ |
| 10 | Mon | 1:09 | 3.1 | 1:48 | 3.0 | 7:51 | 0.3 | 8:13 | 0.8 | 6:33 | 8:22 | ☾ |
| 11 | Tue | 1:52 | 2.9 | 2:39 | 2.9 | 8:39 | 0.4 | 9:06 | 0.9 | 6:33 | 8:22 | ☾ |
| 12 | Wed | 2:39 | 2.9 | 3:35 | 2.9 | 9:29 | 0.4 | 10:00 | 0.9 | 6:34 | 8:21 | ☾ |
| 13 | Thu | 3:32 | 2.8 | 4:33 | 3.0 | 10:20 | 0.3 | 10:53 | 0.9 | 6:34 | 8:21 | ☾ |
| 14 | Fri | 4:29 | 2.8 | 5:30 | 3.1 | 11:11 | 0.2 | 11:43 | 0.8 | 6:35 | 8:21 | ☾ |
| 15 | Sat | 5:27 | 2.9 | 6:23 | 3.3 | | | 12:00 | 0.1 | 6:35 | 8:21 | ☾ |
| 16 | Sun | 6:21 | 3.1 | 7:13 | 3.5 | 12:32 | 0.7 | 12:47 | -0.1 | 6:36 | 8:20 | ☾ |
| 17 | Mon | 7:13 | 3.2 | 7:59 | 3.7 | 1:18 | 0.6 | 1:32 | -0.3 | 6:36 | 8:20 | ☾ |
| 18 | Tue | 8:02 | 3.4 | 8:44 | 3.8 | 2:03 | 0.4 | 2:18 | -0.4 | 6:37 | 8:19 | ☾ |
| 19 | Wed | 8:51 | 3.6 | 9:27 | 3.9 | 2:48 | 0.2 | 3:03 | -0.4 | 6:37 | 8:19 | ☾ |
| 20 | Thu | 9:39 | 3.7 | 10:10 | 4.0 | 3:33 | 0.0 | 3:50 | -0.4 | 6:38 | 8:19 | ☾ |
| 21 | Fri | 10:28 | 3.8 | 10:53 | 3.9 | 4:18 | -0.2 | 4:38 | -0.3 | 6:38 | 8:18 | ☾ |
| 22 | Sat | 11:18 | 3.8 | 11:38 | 3.9 | 5:06 | -0.3 | 5:28 | -0.2 | 6:39 | 8:18 | ☾ |
| 23 | Sun | | | 12:11 | 3.8 | 5:57 | -0.3 | 6:22 | 0.1 | 6:39 | 8:17 | ☾ |
| 24 | Mon | 12:25 | 3.7 | 1:07 | 3.7 | 6:51 | -0.3 | 7:19 | 0.3 | 6:40 | 8:17 | ☾ |
| 25 | Tue | 1:17 | 3.6 | 2:08 | 3.6 | 7:49 | -0.3 | 8:21 | 0.5 | 6:40 | 8:16 | ☾ |
| 26 | Wed | 2:14 | 3.5 | 3:13 | 3.6 | 8:51 | -0.3 | 9:26 | 0.6 | 6:41 | 8:16 | ☾ |
| 27 | Thu | 3:17 | 3.4 | 4:20 | 3.6 | 9:55 | -0.2 | 10:30 | 0.6 | 6:41 | 8:15 | ☾ |
| 28 | Fri | 4:23 | 3.4 | 5:25 | 3.6 | 10:57 | -0.2 | 11:32 | 0.6 | 6:42 | 8:15 | ☾ |
| 29 | Sat | 5:28 | 3.4 | 6:24 | 3.7 | 11:56 | -0.3 | | | 6:43 | 8:14 | ☾ |
| 30 | Sun | 6:28 | 3.5 | 7:16 | 3.8 | 12:29 | 0.5 | 12:51 | -0.3 | 6:43 | 8:13 | ☾ |
| 31 | Mon | 7:22 | 3.6 | 8:03 | 3.9 | 1:21 | 0.4 | 1:41 | -0.3 | 6:44 | 8:13 | ☾ |