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# Destin (Choctawhatchee Bay, East Pass), FL - Jul 1729

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | | | 1:07 | 0.6 | | | 10:25 | 0.1 | 4:56 | 7:01 | |
| 2 | Sat | | | 1:36 | 0.4 | | | 9:47 | 0.2 | 4:56 | 7:01 | |
| 3 | Sun | 4:59 | 0.4 | | | | | 7:14 | 0.2 | 4:57 | 7:01 | |
| 4 | Mon | 4:54 | 0.5 | | | | | 3:34 | 0.1 | 4:57 | 7:00 | |
| 5 | Tue | 5:19 | 0.6 | | | | | 4:25 | 0.0 | 4:57 | 7:00 | |
| 6 | Wed | 6:01 | 0.7 | | | | | 5:25 | 0.0 | 4:58 | 7:00 | |
| 7 | Thu | 6:53 | 0.8 | | | | | 6:29 | -0.1 | 4:58 | 7:00 | |
| 8 | Fri | 7:51 | 0.9 | | | | | 7:33 | -0.1 | 4:59 | 7:00 | |
| 9 | Sat | 8:51 | 0.9 | | | | | 8:30 | -0.1 | 4:59 | 7:00 | |
| 10 | Sun | 9:50 | 0.9 | | | | | 9:18 | -0.1 | 5:00 | 7:00 | |
| 11 | Mon | 10:45 | 0.9 | | | | | 9:55 | -0.1 | 5:00 | 6:59 | |
| 12 | Tue | 11:35 | 0.8 | | | | | 10:23 | 0.0 | 5:01 | 6:59 | |
| 13 | Wed | | | 12:19 | 0.7 | | | 10:37 | 0.1 | 5:01 | 6:59 | |
| 14 | Thu | | | 12:59 | 0.6 | | | 10:20 | 0.1 | 5:02 | 6:58 | |
| 15 | Fri | | | 1:34 | 0.4 | | | 8:58 | 0.2 | 5:03 | 6:58 | |
| 16 | Sat | 4:06 | 0.4 | | | | | 6:33 | 0.2 | 5:03 | 6:58 | |
| 17 | Sun | 3:58 | 0.5 | | | | | 3:12 | 0.1 | 5:04 | 6:57 | |
| 18 | Mon | 4:19 | 0.6 | | | | | 3:46 | 0.1 | 5:04 | 6:57 | |
| 19 | Tue | 4:54 | 0.7 | | | | | 4:29 | 0.1 | 5:05 | 6:57 | |
| 20 | Wed | 5:39 | 0.7 | | | | | 5:17 | 0.0 | 5:05 | 6:56 | |
| 21 | Thu | 6:30 | 0.7 | | | | | 6:09 | 0.0 | 5:06 | 6:56 | |
| 22 | Fri | 7:21 | 0.8 | | | | | 6:59 | 0.0 | 5:07 | 6:55 | |
| 23 | Sat | 8:10 | 0.8 | | | | | 7:43 | 0.0 | 5:07 | 6:55 | |
| 24 | Sun | 8:57 | 0.8 | | | | | 8:20 | 0.0 | 5:08 | 6:54 | |
| 25 | Mon | 9:41 | 0.8 | | | | | 8:50 | 0.0 | 5:08 | 6:53 | |
| 26 | Tue | 10:25 | 0.8 | | | | | 9:14 | 0.0 | 5:09 | 6:53 | |
| 27 | Wed | 11:11 | 0.7 | | | | | 9:31 | 0.1 | 5:10 | 6:52 | |
| 28 | Thu | | | 12:00 | 0.6 | | | 9:34 | 0.1 | 5:10 | 6:52 | |
| 29 | Fri | | | 12:55 | 0.5 | | | 9:08 | 0.2 | 5:11 | 6:51 | |
| 30 | Sat | 2:52 | 0.4 | 2:06 | 0.4 | 8:49 | 0.2 | 7:53 | 0.2 | 5:11 | 6:50 | |
| 31 | Sun | 2:38 | 0.5 | | | 11:32 | 0.2 | | | 5:12 | 6:50 | |