










Destin (Choctawhatchee Bay, East Pass), FL - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			8:31	0.7	7:04	-0.3			6:42	4:56	
2	Fri			9:30	0.7	8:08	-0.3			6:43	4:57	
3	Sat			10:27	0.7	9:05	-0.3			6:43	4:58	
4	Sun			11:18	0.6	9:51	-0.3			6:43	4:58	
5	Mon					10:27	-0.2			6:43	4:59	
6	Tue	12:03	0.5			10:52	-0.2			6:43	5:00	
7	Wed	12:41	0.4			11:00	-0.1			6:43	5:01	
8	Thu	1:09	0.2	7:00	0.1	10:11	0.0			6:43	5:01	
9	Fri			4:41	0.2	8:38	0.0			6:43	5:02	
10	Sat			4:42	0.3	5:20	0.0			6:43	5:03	
11	Sun			5:06	0.4	3:51	-0.1			6:43	5:04	
12	Mon			5:43	0.4	4:22	-0.1			6:43	5:05	
13	Tue			6:27	0.4	5:04	-0.2			6:43	5:06	
14	Wed			7:15	0.5	5:52	-0.2			6:43	5:06	
15	Thu			8:03	0.5	6:44	-0.2			6:43	5:07	
16	Fri			8:50	0.5	7:34	-0.2			6:43	5:08	
17	Sat			9:33	0.5	8:17	-0.2			6:42	5:09	
18	Sun			10:14	0.5	8:52	-0.2			6:42	5:10	
19	Mon			10:54	0.5	9:20	-0.2			6:42	5:11	
20	Tue			11:35	0.4	9:41	-0.2			6:42	5:12	
21	Wed					9:52	-0.1			6:41	5:13	
22	Thu	12:19	0.3			9:44	-0.1			6:41	5:13	
23	Fri	1:11	0.2	3:13	0.1	9:06	0.0	10:20	0.0	6:41	5:14	
24	Sat	2:35	0.0	3:08	0.2	6:11	0.0			6:40	5:15	
25	Sun			3:34	0.3	1:46	-0.1			6:40	5:16	
26	Mon			4:22	0.4	2:59	-0.1			6:39	5:17	
27	Tue			5:26	0.5	4:00	-0.2			6:39	5:18	
28	Wed			6:32	0.5	5:02	-0.3			6:38	5:19	
29	Thu			7:35	0.6	6:04	-0.3			6:38	5:20	
30	Fri			8:35	0.6	7:05	-0.3			6:37	5:20	
31	Sat			9:30	0.6	7:58	-0.3			6:37	5:21	