























Fort McRee Breakwater, Pensacola Bay, FL - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			10:13	1.0	9:28	-0.7			6:45	4:59	
2	Sat			11:04	0.9	10:08	-0.6			6:46	5:00	
3	Sun			11:52	0.7	10:39	-0.4			6:46	5:01	
4	Mon					10:55	-0.2			6:46	5:02	
5	Tue	12:38	0.4	6:11	0.2	10:27	0.0	10:31	0.2	6:46	5:02	
6	Wed	1:21	0.2	3:33	0.3	8:41	0.1			6:46	5:03	
7	Thu			3:52	0.5	2:59	-0.1			6:46	5:04	
8	Fri			4:30	0.6	3:43	-0.2			6:46	5:05	
9	Sat			5:16	0.7	4:30	-0.4			6:46	5:06	
10	Sun			6:05	0.8	5:21	-0.5			6:46	5:06	
11	Mon			6:54	0.8	6:13	-0.5			6:46	5:07	
12	Tue			7:41	0.8	7:05	-0.5			6:46	5:08	
13	Wed			8:24	0.8	7:53	-0.5			6:46	5:09	
14	Thu			9:03	0.8	8:32	-0.5			6:46	5:10	
15	Fri			9:39	0.7	9:02	-0.5			6:46	5:11	
16	Sat			10:11	0.6	9:24	-0.4			6:46	5:11	
17	Sun			10:42	0.5	9:35	-0.3			6:46	5:12	
18	Mon			11:13	0.4	9:23	-0.2			6:45	5:13	
19	Tue			11:40	0.2	8:50	-0.1			6:45	5:14	
20	Wed			2:19	0.2	8:22	0.0			6:45	5:15	
21	Thu			2:23	0.3	6:17	0.0			6:44	5:16	
22	Fri			2:49	0.4	2:54	-0.1			6:44	5:17	
23	Sat			3:34	0.6	3:15	-0.2			6:44	5:18	
24	Sun			4:31	0.7	4:00	-0.4			6:43	5:18	
25	Mon			5:31	0.8	4:51	-0.5			6:43	5:19	
26	Tue			6:29	0.9	5:45	-0.6			6:43	5:20	
27	Wed			7:26	0.9	6:40	-0.7			6:42	5:21	
28	Thu			8:22	0.9	7:32	-0.7			6:42	5:22	
29	Fri			9:18	0.9	8:19	-0.7			6:41	5:23	
30	Sat			10:15	0.7	8:59	-0.6			6:40	5:24	
31	Sun			11:13	0.5	9:30	-0.4			6:40	5:25	