

Great Pocket, FL - Mar 1990

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 12:08 | 1.3 | 12:17 | 1.2 | 6:36 | -0.2 | 6:59 | -0.6 | 6:44 | 6:21 | ☾ |
| 2 | Fri | 1:01 | 1.2 | 1:08 | 1.1 | 7:29 | 0.0 | 7:56 | -0.4 | 6:43 | 6:22 | ☾ |
| 3 | Sat | 1:59 | 1.1 | 2:06 | 1.1 | 8:30 | 0.1 | 9:01 | -0.3 | 6:42 | 6:22 | ☾ |
| 4 | Sun | 3:04 | 1.1 | 3:13 | 1.0 | 9:38 | 0.2 | 10:11 | -0.2 | 6:41 | 6:23 | ☾ |
| 5 | Mon | 4:15 | 1.0 | 4:27 | 1.0 | 10:50 | 0.3 | 11:21 | -0.2 | 6:40 | 6:23 | ☾ |
| 6 | Tue | 5:26 | 1.1 | 5:38 | 1.0 | 11:58 | 0.2 | | | 6:39 | 6:24 | ☾ |
| 7 | Wed | 6:28 | 1.1 | 6:42 | 1.1 | 12:26 | -0.2 | 12:59 | 0.1 | 6:38 | 6:24 | ☾ |
| 8 | Thu | 7:21 | 1.1 | 7:37 | 1.1 | 1:23 | -0.2 | 1:52 | 0.0 | 6:37 | 6:25 | ☾ |
| 9 | Fri | 8:06 | 1.2 | 8:24 | 1.2 | 2:14 | -0.3 | 2:38 | -0.2 | 6:36 | 6:26 | ☾ |
| 10 | Sat | 8:47 | 1.2 | 9:07 | 1.2 | 2:59 | -0.3 | 3:20 | -0.2 | 6:35 | 6:26 | ☾ |
| 11 | Sun | 9:24 | 1.2 | 9:46 | 1.2 | 3:41 | -0.2 | 3:59 | -0.3 | 6:34 | 6:27 | ☾ |
| 12 | Mon | 9:58 | 1.2 | 10:23 | 1.2 | 4:19 | -0.2 | 4:36 | -0.3 | 6:33 | 6:27 | ☾ |
| 13 | Tue | 10:32 | 1.2 | 10:58 | 1.2 | 4:57 | -0.1 | 5:11 | -0.3 | 6:32 | 6:28 | ☾ |
| 14 | Wed | 11:05 | 1.1 | 11:34 | 1.1 | 5:32 | 0.0 | 5:46 | -0.2 | 6:31 | 6:28 | ☾ |
| 15 | Thu | 11:38 | 1.1 | | | 6:07 | 0.1 | 6:21 | -0.1 | 6:29 | 6:29 | ☾ |
| 16 | Fri | 12:11 | 1.1 | 12:13 | 1.0 | 6:43 | 0.3 | 6:58 | 0.0 | 6:28 | 6:29 | ☾ |
| 17 | Sat | 12:52 | 1.0 | 12:51 | 1.0 | 7:21 | 0.4 | 7:40 | 0.1 | 6:27 | 6:30 | ☾ |
| 18 | Sun | 1:37 | 1.0 | 1:36 | 0.9 | 8:06 | 0.5 | 8:31 | 0.2 | 6:26 | 6:30 | ☾ |
| 19 | Mon | 2:31 | 0.9 | 2:31 | 0.9 | 9:03 | 0.6 | 9:32 | 0.3 | 6:25 | 6:31 | ☾ |
| 20 | Tue | 3:33 | 0.9 | 3:37 | 0.9 | 10:11 | 0.6 | 10:39 | 0.3 | 6:24 | 6:31 | ☾ |
| 21 | Wed | 4:39 | 0.9 | 4:49 | 0.9 | 11:18 | 0.5 | 11:43 | 0.2 | 6:23 | 6:32 | ☾ |
| 22 | Thu | 5:40 | 1.0 | 5:55 | 1.0 | | | 12:17 | 0.4 | 6:22 | 6:32 | ☾ |
| 23 | Fri | 6:34 | 1.1 | 6:53 | 1.1 | 12:40 | 0.1 | 1:08 | 0.2 | 6:21 | 6:33 | ☾ |
| 24 | Sat | 7:23 | 1.2 | 7:46 | 1.2 | 1:31 | -0.1 | 1:55 | -0.1 | 6:20 | 6:33 | ☾ |
| 25 | Sun | 8:08 | 1.2 | 8:36 | 1.3 | 2:20 | -0.2 | 2:41 | -0.3 | 6:18 | 6:34 | ☾ |
| 26 | Mon | 8:53 | 1.3 | 9:24 | 1.4 | 3:07 | -0.3 | 3:26 | -0.5 | 6:17 | 6:34 | ☾ |
| 27 | Tue | 9:37 | 1.3 | 10:12 | 1.4 | 3:53 | -0.3 | 4:12 | -0.7 | 6:16 | 6:35 | ☾ |
| 28 | Wed | 10:23 | 1.3 | 11:01 | 1.4 | 4:40 | -0.3 | 4:59 | -0.7 | 6:15 | 6:35 | ☾ |
| 29 | Thu | 11:10 | 1.3 | 11:52 | 1.4 | 5:29 | -0.2 | 5:49 | -0.6 | 6:14 | 6:36 | ☾ |
| 30 | Fri | | | 12:00 | 1.3 | 6:20 | -0.1 | 6:43 | -0.5 | 6:13 | 6:36 | ☾ |
| 31 | Sat | 12:46 | 1.3 | 12:54 | 1.2 | 7:15 | 0.1 | 7:42 | -0.3 | 6:12 | 6:37 | ☾ |