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# Harris, The Narrows, FL - Jan 1970

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | | | 7:29 | 0.7 | 7:19 | 0.0 | | | 6:43 | 4:57 | |
| 2 | Fri | | | 7:54 | 0.9 | 7:29 | -0.3 | | | 6:44 | 4:58 | |
| 3 | Sat | | | 8:35 | 1.1 | 8:11 | -0.5 | | | 6:44 | 4:58 | |
| 4 | Sun | | | 9:26 | 1.3 | 9:06 | -0.7 | | | 6:44 | 4:59 | |
| 5 | Mon | | | 10:23 | 1.4 | 10:10 | -0.9 | | | 6:44 | 5:00 | |
| 6 | Tue | | | 11:22 | 1.5 | 11:13 | -1.0 | | | 6:44 | 5:01 | |
| 7 | Wed | | | | | | | 12:10 | -1.1 | 6:44 | 5:01 | |
| 8 | Thu | 12:20 | 1.5 | | | | | 12:59 | -1.1 | 6:44 | 5:02 | |
| 9 | Fri | 1:15 | 1.4 | | | | | 1:39 | -0.9 | 6:44 | 5:03 | |
| 10 | Sat | 2:05 | 1.2 | | | | | 2:10 | -0.7 | 6:44 | 5:04 | |
| 11 | Sun | 2:53 | 0.9 | | | | | 2:26 | -0.4 | 6:44 | 5:05 | |
| 12 | Mon | 3:39 | 0.6 | 9:01 | 0.2 | | | 1:57 | -0.1 | 6:44 | 5:05 | |
| 13 | Tue | 4:28 | 0.2 | 6:21 | 0.4 | 1:33 | 0.2 | 11:57 AM | 0.0 | 6:44 | 5:06 | |
| 14 | Wed | | | 6:37 | 0.7 | 6:07 | -0.1 | | | 6:44 | 5:07 | |
| 15 | Thu | | | 7:13 | 0.9 | 6:57 | -0.4 | | | 6:44 | 5:08 | |
| 16 | Fri | | | 7:59 | 1.0 | 7:45 | -0.6 | | | 6:44 | 5:09 | |
| 17 | Sat | | | 8:51 | 1.0 | 8:37 | -0.7 | | | 6:44 | 5:10 | |
| 18 | Sun | | | 9:43 | 1.1 | 9:31 | -0.7 | | | 6:43 | 5:10 | |
| 19 | Mon | | | 10:33 | 1.1 | 10:27 | -0.8 | | | 6:43 | 5:11 | |
| 20 | Tue | | | 11:19 | 1.1 | 11:17 | -0.8 | | | 6:43 | 5:12 | |
| 21 | Wed | | | 11:59 | 1.1 | 11:57 | -0.8 | | | 6:43 | 5:13 | |
| 22 | Thu | | | | | | | 12:27 | -0.7 | 6:42 | 5:14 | |
| 23 | Fri | 12:34 | 1.0 | | | | | 12:49 | -0.6 | 6:42 | 5:15 | |
| 24 | Sat | 1:07 | 0.9 | | | | | 1:00 | -0.5 | 6:41 | 5:16 | |
| 25 | Sun | 1:38 | 0.7 | | | | | 12:53 | -0.4 | 6:41 | 5:17 | |
| 26 | Mon | 2:12 | 0.5 | | | | | 12:23 | -0.2 | 6:41 | 5:18 | |
| 27 | Tue | 2:51 | 0.3 | 5:07 | 0.3 | 11:50 | -0.1 | | | 6:40 | 5:18 | |
| 28 | Wed | 3:49 | 0.1 | 5:03 | 0.5 | 1:41 | 0.1 | 9:25 AM | 0.0 | 6:40 | 5:19 | |
| 29 | Thu | | | 5:24 | 0.6 | 5:11 | -0.2 | | | 6:39 | 5:20 | |
| 30 | Fri | | | 6:07 | 0.8 | 6:10 | -0.4 | | | 6:39 | 5:21 | |
| 31 | Sat | | | 7:09 | 1.0 | 7:07 | -0.6 | | | 6:38 | 5:22 | |