US HARBORS www.USHarbors.com

Pompano Beach (Hillsboro Inlet), FL - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:13	2.9	6:16	2.7			12:14	0.1	7:08	5:39	
2	Fri	7:08	3.0	7:13	2.8	12:36	-0.7	1:09	0.0	7:08	5:40	
3	Sat	8:00	3.1	8:07	2.9	1:30	-0.8	2:02	-0.2	7:08	5:41	
4	Sun	8:49	3.1	8:59	2.9	2:23	-0.8	2:54	-0.2	7:08	5:42	
5	Mon	9:36	3.0	9:50	2.8	3:14	-0.7	3:45	-0.3	7:08	5:42	
6	Tue	10:21	2.9	10:41	2.7	4:05	-0.5	4:36	-0.2	7:09	5:43	
7	Wed	11:06	2.8	11:31	2.6	4:55	-0.3	5:26	-0.2	7:09	5:44	
8	Thu	11:50	2.6			5:46	-0.1	6:17	-0.1	7:09	5:44	
9	Fri	12:21	2.4	12:34	2.4	6:39	0.2	7:09	0.0	7:09	5:45	
10	Sat	1:14	2.3	1:20	2.2	7:33	0.4	8:01	0.0	7:09	5:46	
11	Sun	2:08	2.2	2:10	2.1	8:29	0.5	8:55	0.1	7:09	5:47	
12	Mon	3:06	2.1	3:03	2.0	9:26	0.6	9:48	0.1	7:09	5:47	
13	Tue	4:03	2.1	3:59	2.0	10:20	0.6	10:39	0.1	7:09	5:48	
14	Wed	4:58	2.1	4:54	2.0	11:10	0.6	11:27	0.0	7:09	5:49	
15	Thu	5:49	2.2	5:45	2.1	11:58	0.5			7:09	5:50	
16	Fri	6:34	2.3	6:33	2.2	12:12	-0.1	12:41	0.4	7:09	5:51	
17	Sat	7:17	2.4	7:17	2.3	12:54	-0.2	1:22	0.3	7:09	5:51	
18	Sun	7:57	2.5	8:00	2.3	1:33	-0.3	2:01	0.2	7:09	5:52	
19	Mon	8:36	2.6	8:42	2.4	2:12	-0.3	2:39	0.0	7:08	5:53	
20	Tue	9:14	2.6	9:24	2.4	2:50	-0.4	3:16	-0.1	7:08	5:54	
21	Wed	9:51	2.6	10:07	2.5	3:28	-0.3	3:55	-0.2	7:08	5:54	
22	Thu	10:29	2.5	10:52	2.4	4:09	-0.3	4:35	-0.3	7:08	5:55	
23	Fri	11:08	2.5	11:41	2.4	4:54	-0.2	5:20	-0.3	7:07	5:56	
24	Sat	11:51	2.4			5:43	0.0	6:11	-0.3	7:07	5:57	
25	Sun	12:35	2.4	12:39	2.3	6:39	0.1	7:08	-0.4	7:07	5:58	
26	Mon	1:35	2.3	1:37	2.2	7:42	0.2	8:13	-0.4	7:06	5:58	
27	Tue	2:43	2.3	2:44	2.2	8:50	0.3	9:20	-0.4	7:06	5:59	
28	Wed	3:54	2.4	3:56	2.2	9:59	0.3	10:27	-0.5	7:06	6:00	
29	Thu	5:01	2.5	5:05	2.4	11:03	0.1	11:29	-0.6	7:05	6:01	
30	Fri	6:02	2.6	6:08	2.5			12:03	0.0	7:05	6:01	
31	Sat	6:55	2.7	7:04	2.6	12:26	-0.7	12:58	-0.2	7:04	6:02	