

Pompano Beach (Hillsboro Inlet), FL - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:21	2.4	3:27	2.3	9:31	0.4	9:56	-0.1	7:07	5:39	
2	Thu	4:23	2.5	4:26	2.4	10:30	0.3	10:52	-0.3	7:08	5:40	
3	Fri	5:22	2.7	5:25	2.5	11:26	0.2	11:46	-0.6	7:08	5:41	
4	Sat	6:18	2.9	6:22	2.7			12:20	0.0	7:08	5:41	
5	Sun	7:11	3.0	7:17	2.8	12:39	-0.8	1:12	-0.1	7:08	5:42	
6	Mon	8:03	3.1	8:11	2.9	1:32	-0.9	2:04	-0.3	7:08	5:43	
7	Tue	8:54	3.2	9:05	3.0	2:25	-0.9	2:57	-0.4	7:09	5:43	
8	Wed	9:44	3.2	9:59	2.9	3:18	-0.9	3:50	-0.4	7:09	5:44	
9	Thu	10:34	3.1	10:53	2.9	4:12	-0.7	4:45	-0.4	7:09	5:45	
10	Fri	11:24	2.9	11:50	2.7	5:07	-0.5	5:41	-0.4	7:09	5:46	
11	Sat			12:16	2.8	6:05	-0.3	6:39	-0.3	7:09	5:46	
12	Sun	12:48	2.6	1:09	2.6	7:05	-0.1	7:38	-0.3	7:09	5:47	
13	Mon	1:49	2.5	2:04	2.4	8:06	0.1	8:37	-0.2	7:09	5:48	
14	Tue	2:52	2.4	3:01	2.3	9:07	0.2	9:34	-0.2	7:09	5:49	
15	Wed	3:53	2.3	3:59	2.2	10:06	0.3	10:28	-0.2	7:09	5:50	
16	Thu	4:51	2.3	4:53	2.2	10:59	0.3	11:18	-0.2	7:09	5:50	
17	Fri	5:43	2.4	5:43	2.2	11:48	0.3			7:09	5:51	
18	Sat	6:28	2.4	6:29	2.2	12:05	-0.2	12:33	0.3	7:08	5:52	
19	Sun	7:10	2.4	7:11	2.3	12:48	-0.3	1:15	0.2	7:08	5:53	
20	Mon	7:49	2.5	7:51	2.3	1:28	-0.3	1:55	0.1	7:08	5:53	
21	Tue	8:26	2.5	8:30	2.3	2:07	-0.3	2:33	0.1	7:08	5:54	
22	Wed	9:02	2.5	9:09	2.3	2:44	-0.3	3:10	0.1	7:08	5:55	
23	Thu	9:38	2.5	9:47	2.3	3:19	-0.2	3:45	0.1	7:07	5:56	
24	Fri	10:14	2.4	10:27	2.3	3:54	-0.2	4:20	0.0	7:07	5:57	
25	Sat	10:50	2.4	11:09	2.2	4:31	-0.1	4:57	0.0	7:07	5:57	
26	Sun	11:27	2.3	11:54	2.2	5:10	0.0	5:37	0.0	7:06	5:58	
27	Mon			12:07	2.2	5:55	0.1	6:24	-0.1	7:06	5:59	
28	Tue	12:44	2.2	12:52	2.1	6:48	0.2	7:18	-0.1	7:06	6:00	
29	Wed	1:42	2.2	1:46	2.1	7:49	0.3	8:19	-0.2	7:05	6:00	
30	Thu	2:47	2.2	2:49	2.1	8:55	0.3	9:23	-0.3	7:05	6:01	
31	Fri	3:54	2.3	3:57	2.2	10:01	0.2	10:27	-0.5	7:04	6:02	