

Jacksonville Beach, FL - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:12	4.9	8:31	4.8	2:09	-0.3	2:30	-0.3	6:51	6:24	
2	Tue	8:48	4.8	9:08	4.8	2:45	-0.2	3:02	-0.2	6:50	6:25	
3	Wed	9:24	4.7	9:45	4.8	3:20	-0.1	3:32	-0.2	6:48	6:25	
4	Thu	10:00	4.5	10:23	4.8	3:55	0.0	4:03	-0.1	6:47	6:26	
5	Fri	10:38	4.3	11:04	4.8	4:32	0.1	4:37	0.0	6:46	6:27	
6	Sat	11:19	4.1	11:50	4.7	5:14	0.3	5:17	0.1	6:45	6:28	
7	Sun			12:08	4.0	6:07	0.5	6:09	0.2	6:44	6:28	
8	Mon	12:43	4.6	1:03	3.8	7:08	0.6	7:10	0.3	6:43	6:29	
9	Tue	1:41	4.6	2:02	3.8	8:08	0.6	8:10	0.3	6:41	6:30	
10	Wed	2:39	4.7	3:03	4.0	9:05	0.4	9:10	0.1	6:40	6:30	
11	Thu	3:39	4.9	4:05	4.2	10:03	0.2	10:11	-0.1	6:39	6:31	
12	Fri	4:37	5.1	5:01	4.6	10:58	-0.1	11:10	-0.4	6:38	6:32	
13	Sat	5:28	5.4	5:50	5.1	11:47	-0.4			6:37	6:32	
14	Sun	6:15	5.6	6:38	5.6	12:03	-0.7	12:32	-0.8	6:36	6:33	
15	Mon	7:01	5.7	7:26	5.9	12:53	-1.0	1:17	-1.1	6:34	6:33	
16	Tue	7:49	5.8	8:16	6.2	1:43	-1.2	2:03	-1.3	6:33	6:34	
17	Wed	8:39	5.7	9:07	6.3	2:34	-1.2	2:49	-1.4	6:32	6:35	
18	Thu	9:29	5.6	9:59	6.3	3:25	-1.2	3:37	-1.3	6:31	6:35	
19	Fri	10:20	5.4	10:52	6.1	4:16	-1.0	4:28	-1.1	6:29	6:36	
20	Sat	11:14	5.1	11:49	5.9	5:12	-0.7	5:24	-0.8	6:28	6:37	
21	Sun			12:14	4.8	6:16	-0.4	6:29	-0.5	6:27	6:37	
22	Mon	12:51	5.6	1:19	4.6	7:22	-0.2	7:37	-0.3	6:26	6:38	
23	Tue	1:56	5.3	2:25	4.5	8:26	-0.1	8:42	-0.2	6:25	6:38	
24	Wed	3:01	5.1	3:32	4.5	9:29	0.0	9:46	-0.1	6:23	6:39	
25	Thu	4:05	5.0	4:35	4.6	10:29	0.0	10:48	-0.1	6:22	6:40	
26	Fri	5:02	5.0	5:28	4.8	11:22	-0.1	11:41	-0.1	6:21	6:40	
27	Sat	5:49	5.0	6:11	4.9			12:08	-0.2	6:20	6:41	
28	Sun	6:30	4.9	6:50	5.0	12:28	-0.1	12:47	-0.2	6:18	6:42	
29	Mon	7:07	4.8	7:26	5.0	1:09	-0.1	1:23	-0.1	6:17	6:42	
30	Tue	7:43	4.7	8:02	5.1	1:47	-0.1	1:56	-0.1	6:16	6:43	
31	Wed	8:18	4.6	8:38	5.1	2:23	-0.1	2:28	0.0	6:15	6:43	