

Jacksonville Beach, FL - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:32	4.9	11:51	5.4	5:20	-0.5	5:30	-0.3	6:27	8:31	
2	Fri			12:24	5.1	6:06	-0.6	6:26	-0.2	6:27	8:31	
3	Sat	12:42	5.3	1:20	5.2	7:00	-0.6	7:33	-0.1	6:28	8:31	
4	Sun	1:38	5.1	2:21	5.4	7:59	-0.6	8:40	-0.1	6:28	8:31	
5	Mon	2:38	4.9	3:22	5.6	8:57	-0.7	9:44	-0.1	6:29	8:31	
6	Tue	3:40	4.7	4:25	5.7	9:56	-0.7	10:49	-0.2	6:29	8:31	
7	Wed	4:45	4.7	5:28	5.9	10:57	-0.7	11:54	-0.3	6:30	8:30	
8	Thu	5:48	4.7	6:26	6.1	11:58	-0.8			6:30	8:30	
9	Fri	6:45	4.8	7:18	6.2	12:52	-0.4	12:55	-0.8	6:31	8:30	
10	Sat	7:37	4.9	8:07	6.1	1:46	-0.5	1:48	-0.8	6:31	8:30	
11	Sun	8:27	4.9	8:55	6.0	2:36	-0.6	2:38	-0.8	6:32	8:30	
12	Mon	9:18	4.9	9:42	5.8	3:23	-0.6	3:27	-0.6	6:32	8:29	
13	Tue	10:06	4.9	10:27	5.6	4:08	-0.5	4:13	-0.4	6:33	8:29	
14	Wed	10:52	4.9	11:10	5.4	4:49	-0.4	4:57	-0.2	6:33	8:29	
15	Thu	11:36	4.8	11:52	5.1	5:30	-0.3	5:42	0.1	6:34	8:28	
16	Fri			12:22	4.8	6:12	-0.1	6:31	0.3	6:34	8:28	
17	Sat	12:37	4.8	1:11	4.7	6:58	0.0	7:27	0.5	6:35	8:28	
18	Sun	1:25	4.5	2:03	4.7	7:48	0.2	8:25	0.7	6:35	8:27	
19	Mon	2:17	4.3	2:57	4.7	8:39	0.3	9:21	0.7	6:36	8:27	
20	Tue	3:10	4.1	3:51	4.7	9:29	0.3	10:17	0.8	6:36	8:26	
21	Wed	4:06	4.0	4:47	4.9	10:19	0.3	11:14	0.7	6:37	8:26	
22	Thu	5:03	4.0	5:41	5.0	11:11	0.3			6:38	8:25	
23	Fri	5:56	4.1	6:28	5.2	12:07	0.6	12:02	0.2	6:38	8:25	
24	Sat	6:43	4.2	7:09	5.4	12:55	0.4	12:48	0.1	6:39	8:24	
25	Sun	7:25	4.4	7:49	5.6	1:36	0.2	1:30	-0.1	6:39	8:24	
26	Mon	8:06	4.6	8:30	5.7	2:16	0.0	2:12	-0.2	6:40	8:23	
27	Tue	8:49	4.9	9:13	5.8	2:55	-0.2	2:55	-0.4	6:41	8:22	
28	Wed	9:35	5.1	9:57	5.8	3:34	-0.4	3:40	-0.5	6:41	8:22	
29	Thu	10:23	5.4	10:43	5.8	4:14	-0.6	4:27	-0.5	6:42	8:21	
30	Fri	11:11	5.6	11:30	5.7	4:56	-0.7	5:16	-0.4	6:42	8:20	
31	Sat			12:02	5.7	5:41	-0.7	6:11	-0.3	6:43	8:20	