

Jacksonville Beach, FL - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:21	5.4	12:59	5.8	6:34	-0.6	7:16	-0.1	6:44	8:19	
2	Mon	1:18	5.2	2:00	5.8	7:35	-0.6	8:24	0.0	6:44	8:18	
3	Tue	2:19	5.0	3:03	5.8	8:38	-0.5	9:29	0.1	6:45	8:17	
4	Wed	3:23	4.8	4:08	5.8	9:40	-0.4	10:35	0.1	6:46	8:17	
5	Thu	4:30	4.8	5:13	5.9	10:44	-0.4	11:40	0.0	6:46	8:16	
6	Fri	5:36	4.8	6:13	6.0	11:47	-0.4			6:47	8:15	
7	Sat	6:34	5.0	7:05	6.0	12:39	-0.1	12:45	-0.4	6:47	8:14	
8	Sun	7:25	5.1	7:52	6.0	1:31	-0.2	1:37	-0.4	6:48	8:13	
9	Mon	8:12	5.2	8:36	5.9	2:18	-0.3	2:25	-0.4	6:49	8:12	
10	Tue	8:57	5.2	9:19	5.7	3:01	-0.2	3:10	-0.2	6:49	8:11	
11	Wed	9:41	5.2	10:00	5.5	3:41	-0.2	3:53	-0.1	6:50	8:10	
12	Thu	10:23	5.2	10:40	5.3	4:19	-0.1	4:32	0.1	6:50	8:10	
13	Fri	11:03	5.2	11:18	5.1	4:54	0.0	5:12	0.3	6:51	8:09	
14	Sat	11:44	5.1	11:59	4.8	5:30	0.2	5:53	0.5	6:52	8:08	
15	Sun			12:28	5.0	6:08	0.4	6:41	0.8	6:52	8:07	
16	Mon	12:43	4.6	1:17	5.0	6:54	0.5	7:38	0.9	6:53	8:06	
17	Tue	1:33	4.4	2:11	4.9	7:48	0.6	8:38	1.0	6:53	8:05	
18	Wed	2:28	4.2	3:07	4.9	8:43	0.7	9:34	1.0	6:54	8:04	
19	Thu	3:25	4.2	4:04	5.0	9:37	0.7	10:31	1.0	6:55	8:03	
20	Fri	4:23	4.2	5:01	5.2	10:32	0.6	11:27	0.8	6:55	8:01	
21	Sat	5:21	4.4	5:53	5.4	11:27	0.5			6:56	8:00	
22	Sun	6:12	4.7	6:39	5.6	12:17	0.6	12:19	0.3	6:56	7:59	
23	Mon	6:57	5.0	7:22	5.9	1:02	0.4	1:06	0.1	6:57	7:58	
24	Tue	7:40	5.3	8:03	6.0	1:42	0.1	1:51	-0.2	6:57	7:57	
25	Wed	8:24	5.7	8:47	6.1	2:22	-0.2	2:36	-0.4	6:58	7:56	
26	Thu	9:11	6.0	9:33	6.1	3:04	-0.4	3:24	-0.5	6:59	7:55	
27	Fri	10:00	6.2	10:21	6.0	3:46	-0.6	4:12	-0.5	6:59	7:54	
28	Sat	10:50	6.4	11:10	5.9	4:31	-0.7	5:02	-0.4	7:00	7:53	
29	Sun	11:42	6.4			5:18	-0.6	5:56	-0.2	7:00	7:51	
30	Mon	12:02	5.7	12:38	6.3	6:11	-0.5	6:59	0.1	7:01	7:50	
31	Tue	1:00	5.4	1:40	6.2	7:13	-0.3	8:08	0.3	7:01	7:49	