

Jacksonville Beach, FL - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:41	5.5	4:03	5.4	9:57	0.7	10:22	0.4	6:40	5:38	
2	Tue	4:38	5.6	4:57	5.3	10:54	0.7	11:11	0.4	6:40	5:37	
3	Wed	5:25	5.8	5:42	5.3	11:45	0.6	11:54	0.4	6:41	5:36	
4	Thu	6:06	5.9	6:21	5.2			12:28	0.6	6:42	5:35	
5	Fri	6:43	5.9	6:58	5.0	12:32	0.5	1:08	0.6	6:43	5:35	
6	Sat	7:18	5.9	7:34	4.9	1:07	0.5	1:46	0.6	6:44	5:34	
7	Sun	7:54	5.9	8:11	4.8	1:41	0.6	2:22	0.7	6:44	5:33	
8	Mon	8:31	5.8	8:49	4.8	2:13	0.6	2:57	0.7	6:45	5:33	
9	Tue	9:09	5.8	9:28	4.7	2:46	0.7	3:32	0.7	6:46	5:32	
10	Wed	9:49	5.7	10:09	4.7	3:20	0.7	4:08	0.8	6:47	5:31	
11	Thu	10:30	5.6	10:54	4.7	3:57	0.8	4:48	0.8	6:48	5:31	
12	Fri	11:15	5.5	11:45	4.7	4:41	0.9	5:36	0.8	6:48	5:30	
13	Sat			12:07	5.4	5:36	0.9	6:32	0.7	6:49	5:30	
14	Sun	12:42	4.8	1:04	5.3	6:44	0.9	7:30	0.6	6:50	5:29	
15	Mon	1:41	5.0	2:02	5.3	7:51	0.8	8:23	0.4	6:51	5:29	
16	Tue	2:40	5.4	3:00	5.3	8:53	0.6	9:16	0.2	6:52	5:28	
17	Wed	3:39	5.8	4:00	5.4	9:55	0.4	10:11	-0.1	6:53	5:28	
18	Thu	4:36	6.2	4:56	5.5	10:56	0.1	11:05	-0.4	6:53	5:27	
19	Fri	5:29	6.6	5:49	5.6	11:52	-0.2	11:56	-0.6	6:54	5:27	
20	Sat	6:19	7.0	6:39	5.7			12:45	-0.4	6:55	5:26	
21	Sun	7:09	7.1	7:30	5.7	12:47	-0.8	1:36	-0.5	6:56	5:26	
22	Mon	8:00	7.1	8:23	5.7	1:38	-0.8	2:28	-0.6	6:57	5:26	
23	Tue	8:53	7.0	9:18	5.6	2:30	-0.8	3:19	-0.5	6:58	5:26	
24	Wed	9:46	6.7	10:12	5.5	3:23	-0.6	4:10	-0.4	6:59	5:25	
25	Thu	10:38	6.4	11:07	5.3	4:16	-0.3	5:03	-0.2	6:59	5:25	
26	Fri	11:31	6.0			5:14	0.0	6:00	0.0	7:00	5:25	
27	Sat	12:05	5.2	12:29	5.6	6:18	0.3	7:00	0.1	7:01	5:25	
28	Sun	1:07	5.1	1:27	5.3	7:24	0.5	7:57	0.2	7:02	5:25	
29	Mon	2:07	5.1	2:25	5.0	8:25	0.6	8:50	0.2	7:03	5:24	
30	Tue	3:05	5.2	3:23	4.8	9:24	0.7	9:41	0.3	7:03	5:24	