

Jacksonville Beach, FL - Mar 1989

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 1:58 | 4.6 | 2:17 | 3.5 | 8:29 | 0.7 | 8:20 | 0.3 | 6:51 | 6:24 | ☾ |
| 2 | Thu | 3:00 | 4.7 | 3:22 | 3.6 | 9:31 | 0.6 | 9:23 | 0.1 | 6:50 | 6:25 | ☾ |
| 3 | Fri | 4:03 | 4.9 | 4:25 | 3.9 | 10:32 | 0.3 | 10:28 | -0.1 | 6:49 | 6:25 | ☾ |
| 4 | Sat | 5:00 | 5.2 | 5:21 | 4.4 | 11:25 | 0.0 | 11:27 | -0.4 | 6:47 | 6:26 | ☾ |
| 5 | Sun | 5:49 | 5.5 | 6:10 | 4.9 | | | 12:11 | -0.4 | 6:46 | 6:27 | ☾ |
| 6 | Mon | 6:36 | 5.7 | 6:57 | 5.4 | 12:20 | -0.8 | 12:55 | -0.8 | 6:45 | 6:27 | ☾ |
| 7 | Tue | 7:21 | 5.8 | 7:46 | 5.8 | 1:11 | -1.0 | 1:38 | -1.1 | 6:44 | 6:28 | ☾ |
| 8 | Wed | 8:09 | 5.7 | 8:36 | 6.0 | 2:02 | -1.2 | 2:23 | -1.3 | 6:43 | 6:29 | ☾ |
| 9 | Thu | 8:58 | 5.6 | 9:26 | 6.2 | 2:53 | -1.2 | 3:07 | -1.3 | 6:42 | 6:29 | ☾ |
| 10 | Fri | 9:46 | 5.4 | 10:17 | 6.2 | 3:43 | -1.0 | 3:53 | -1.2 | 6:40 | 6:30 | ☾ |
| 11 | Sat | 10:36 | 5.0 | 11:10 | 5.9 | 4:35 | -0.8 | 4:42 | -1.0 | 6:39 | 6:31 | ☾ |
| 12 | Sun | 11:30 | 4.7 | | | 5:33 | -0.4 | 5:39 | -0.7 | 6:38 | 6:31 | ☾ |
| 13 | Mon | 12:09 | 5.6 | 12:31 | 4.3 | 6:39 | -0.1 | 6:45 | -0.3 | 6:37 | 6:32 | ☾ |
| 14 | Tue | 1:13 | 5.3 | 1:37 | 4.1 | 7:47 | 0.1 | 7:54 | -0.1 | 6:36 | 6:33 | ☾ |
| 15 | Wed | 2:19 | 5.1 | 2:46 | 4.0 | 8:53 | 0.3 | 9:00 | 0.0 | 6:35 | 6:33 | ☾ |
| 16 | Thu | 3:27 | 5.0 | 3:56 | 4.0 | 9:58 | 0.3 | 10:06 | 0.1 | 6:33 | 6:34 | ☾ |
| 17 | Fri | 4:32 | 4.9 | 4:58 | 4.2 | 10:59 | 0.2 | 11:07 | 0.0 | 6:32 | 6:35 | ☾ |
| 18 | Sat | 5:25 | 5.0 | 5:47 | 4.4 | 11:49 | 0.1 | 11:58 | 0.0 | 6:31 | 6:35 | ☾ |
| 19 | Sun | 6:09 | 4.9 | 6:28 | 4.6 | | | 12:30 | 0.0 | 6:30 | 6:36 | ☾ |
| 20 | Mon | 6:47 | 4.9 | 7:05 | 4.7 | 12:42 | -0.1 | 1:06 | 0.0 | 6:28 | 6:36 | ☾ |
| 21 | Tue | 7:22 | 4.8 | 7:40 | 4.8 | 1:22 | -0.1 | 1:39 | 0.0 | 6:27 | 6:37 | ☾ |
| 22 | Wed | 7:56 | 4.6 | 8:14 | 4.9 | 1:58 | 0.0 | 2:09 | 0.0 | 6:26 | 6:38 | ☾ |
| 23 | Thu | 8:30 | 4.5 | 8:49 | 5.0 | 2:33 | 0.0 | 2:37 | 0.0 | 6:25 | 6:38 | ☾ |
| 24 | Fri | 9:05 | 4.4 | 9:24 | 5.0 | 3:06 | 0.1 | 3:05 | 0.0 | 6:24 | 6:39 | ☾ |
| 25 | Sat | 9:40 | 4.2 | 10:02 | 5.0 | 3:39 | 0.2 | 3:34 | 0.1 | 6:22 | 6:40 | ☾ |
| 26 | Sun | 10:17 | 4.1 | 10:42 | 5.0 | 4:15 | 0.3 | 4:06 | 0.1 | 6:21 | 6:40 | ☾ |
| 27 | Mon | 10:58 | 3.9 | 11:28 | 4.9 | 4:56 | 0.4 | 4:45 | 0.2 | 6:20 | 6:41 | ☾ |
| 28 | Tue | 11:46 | 3.8 | | | 5:48 | 0.6 | 5:36 | 0.4 | 6:19 | 6:41 | ☾ |
| 29 | Wed | 12:23 | 4.8 | 12:45 | 3.7 | 6:53 | 0.7 | 6:43 | 0.4 | 6:17 | 6:42 | ☾ |
| 30 | Thu | 1:24 | 4.8 | 1:49 | 3.8 | 7:56 | 0.6 | 7:53 | 0.4 | 6:16 | 6:43 | ☾ |
| 31 | Fri | 2:26 | 4.9 | 2:54 | 4.0 | 8:56 | 0.5 | 8:59 | 0.2 | 6:15 | 6:43 | ☾ |