US HARBORS www.USHarbors.com

Jacksonville Beach, FL - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:12	5.8	8:39	6.0	2:05	-1.3	2:28	-1.4	6:51	6:24	
2	Tue	9:01	5.6	9:29	6.0	2:56	-1.2	3:14	-1.3	6:50	6:25	
3	Wed	9:49	5.4	10:19	5.9	3:46	-1.0	3:59	-1.2	6:49	6:25	
4	Thu	10:38	5.0	11:10	5.7	4:36	-0.7	4:46	-0.9	6:47	6:26	
5	Fri	11:28	4.6			5:31	-0.3	5:39	-0.5	6:46	6:27	
6	Sat	12:04	5.3	12:24	4.3	6:32	0.0	6:40	-0.2	6:45	6:27	
7	Sun	1:04	5.0	1:26	4.0	7:37	0.3	7:43	0.0	6:44	6:28	
8	Mon	2:06	4.8	2:29	3.8	8:39	0.4	8:45	0.2	6:43	6:29	
9	Tue	3:09	4.7	3:34	3.8	9:40	0.5	9:46	0.2	6:42	6:29	
10	Wed	4:12	4.7	4:36	3.9	10:39	0.4	10:45	0.2	6:41	6:30	
11	Thu	5:05	4.7	5:26	4.1	11:29	0.3	11:36	0.1	6:39	6:31	
12	Fri	5:49	4.8	6:07	4.4			12:11	0.2	6:38	6:31	
13	Sat	6:27	4.8	6:44	4.5	12:20	0.0	12:47	0.1	6:37	6:32	
14	Sun	8:02	4.8	8:19	4.7	12:59	0.0	2:20	0.0	7:36	7:33	
15	Mon	8:36	4.7	8:54	4.9	2:36	-0.1	2:51	-0.1	7:35	7:33	
16	Tue	9:11	4.7	9:30	5.0	3:11	-0.1	3:20	-0.1	7:33	7:34	
17	Wed	9:46	4.6	10:07	5.1	3:46	-0.1	3:49	-0.2	7:32	7:35	
18	Thu	10:23	4.5	10:46	5.2	4:20	-0.1	4:20	-0.2	7:31	7:35	
19	Fri	11:02	4.4	11:28	5.3	4:57	0.0	4:55	-0.2	7:30	7:36	
20	Sat	11:44	4.3			5:39	0.1	5:36	-0.2	7:29	7:36	
21	Sun	12:15	5.2	12:34	4.1	6:32	0.2	6:28	-0.1	7:27	7:37	
22	Mon	1:11	5.2	1:34	4.1	7:37	0.3	7:36	0.0	7:26	7:38	
23	Tue	2:14	5.1	2:40	4.1	8:44	0.3	8:48	0.0	7:25	7:38	
24	Wed	3:19	5.2	3:47	4.3	9:48	0.1	9:57	-0.1	7:24	7:39	
25	Thu	4:24	5.3	4:55	4.7	10:50	-0.1	11:06	-0.3	7:22	7:40	
26	Fri	5:27	5.4	5:57	5.1	11:49	-0.4			7:21	7:40	
27	Sat	6:24	5.6	6:50	5.6	12:10	-0.6	12:42	-0.7	7:20	7:41	
28	Sun	7:14	5.7	7:40	6.0	1:07	-0.8	1:30	-1.0	7:19	7:41	
29	Mon	8:02	5.6	8:29	6.2	2:00	-1.0	2:17	-1.1	7:18	7:42	
30	Tue	8:50	5.5	9:18	6.3	2:51	-1.0	3:02	-1.1	7:16	7:43	
31	Wed	9:39	5.3	10:06	6.2	3:40	-0.9	3:48	-1.0	7:15	7:43	