US HARBORS www.USHarbors.com

Lake Worth Pier (Ocean), FL - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:30	2.7	11:53	3.0	5:22	-0.1	5:32	-0.1	6:30	8:17	
2	Fri			12:22	2.7	6:11	-0.1	6:27	-0.1	6:30	8:17	
3	Sat	12:41	2.9	1:19	2.8	7:04	-0.2	7:27	0.0	6:31	8:17	
4	Sun	1:32	2.8	2:19	2.8	7:58	-0.3	8:28	0.1	6:31	8:17	
5	Mon	2:29	2.7	3:22	2.9	8:55	-0.4	9:31	0.1	6:32	8:17	
6	Tue	3:29	2.7	4:26	3.0	9:53	-0.4	10:34	0.1	6:32	8:17	
7	Wed	4:32	2.6	5:28	3.1	10:51	-0.5	11:36	0.1	6:32	8:17	
8	Thu	5:34	2.7	6:26	3.2	11:50	-0.5			6:33	8:17	
9	Fri	6:33	2.7	7:21	3.3	12:36	0.0	12:47	-0.6	6:33	8:16	
10	Sat	7:29	2.8	8:12	3.3	1:32	-0.1	1:42	-0.6	6:34	8:16	
11	Sun	8:22	2.8	9:01	3.3	2:23	-0.1	2:32	-0.6	6:34	8:16	
12	Mon	9:13	2.8	9:47	3.2	3:11	-0.2	3:21	-0.5	6:35	8:16	
13	Tue	10:02	2.8	10:31	3.1	3:57	-0.2	4:08	-0.3	6:35	8:16	
14	Wed	10:50	2.7	11:14	2.9	4:42	-0.1	4:55	-0.1	6:36	8:15	
15	Thu	11:37	2.6	11:55	2.8	5:27	-0.1	5:42	0.1	6:36	8:15	
16	Fri			12:23	2.6	6:12	0.0	6:31	0.2	6:37	8:15	
17	Sat	12:37	2.6	1:11	2.5	6:58	0.1	7:21	0.4	6:37	8:14	
18	Sun	1:20	2.5	2:01	2.4	7:44	0.1	8:13	0.5	6:38	8:14	
19	Mon	2:05	2.4	2:54	2.4	8:30	0.2	9:05	0.6	6:38	8:14	
20	Tue	2:54	2.3	3:49	2.4	9:17	0.2	9:57	0.6	6:39	8:13	
21	Wed	3:47	2.2	4:43	2.5	10:05	0.2	10:50	0.6	6:39	8:13	
22	Thu	4:41	2.2	5:35	2.6	10:54	0.1	11:42	0.6	6:40	8:13	
23	Fri	5:33	2.3	6:22	2.7	11:44	0.0			6:40	8:12	
24	Sat	6:22	2.4	7:07	2.9	12:32	0.5	12:32	-0.1	6:41	8:12	
25	Sun	7:10	2.5	7:51	3.0	1:18	0.3	1:19	-0.2	6:41	8:11	
26	Mon	7:57	2.6	8:34	3.1	2:01	0.2	2:04	-0.3	6:42	8:11	
27	Tue	8:44	2.8	9:16	3.2	2:44	0.0	2:50	-0.3	6:42	8:10	
28	Wed	9:31	2.9	10:00	3.2	3:26	-0.1	3:36	-0.3	6:43	8:09	
29	Thu	10:21	3.0	10:45	3.2	4:10	-0.2	4:24	-0.3	6:43	8:09	
30	Fri	11:12	3.0	11:32	3.1	4:57	-0.3	5:16	-0.2	6:44	8:08	
31	Sat			12:06	3.0	5:47	-0.3	6:12	-0.1	6:44	8:08	