

Lake Worth Pier (Ocean), FL - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:50	3.6	10:10	3.1	3:23	-0.6	4:02	-0.3	7:08	5:38	
2	Tue	10:42	3.5	11:08	3.1	4:19	-0.5	4:58	-0.3	7:08	5:39	
3	Wed	11:36	3.3			5:19	-0.3	5:55	-0.2	7:09	5:40	
4	Thu	12:09	3.0	12:32	3.0	6:22	-0.1	6:54	-0.2	7:09	5:40	
5	Fri	1:13	2.9	1:31	2.8	7:26	0.1	7:53	-0.1	7:09	5:41	
6	Sat	2:19	2.9	2:33	2.7	8:30	0.2	8:50	-0.1	7:09	5:42	
7	Sun	3:24	2.9	3:33	2.5	9:33	0.3	9:46	-0.1	7:09	5:42	
8	Mon	4:24	2.9	4:30	2.5	10:32	0.3	10:39	-0.1	7:09	5:43	
9	Tue	5:16	2.9	5:21	2.5	11:26	0.3	11:29	-0.1	7:09	5:44	
10	Wed	6:03	2.9	6:07	2.5			12:14	0.3	7:10	5:45	
11	Thu	6:45	3.0	6:49	2.5	12:15	-0.1	12:57	0.2	7:10	5:45	
12	Fri	7:24	3.0	7:30	2.6	12:57	-0.2	1:36	0.1	7:10	5:46	
13	Sat	8:01	3.0	8:09	2.6	1:35	-0.2	2:13	0.1	7:10	5:47	
14	Sun	8:38	2.9	8:48	2.5	2:12	-0.1	2:49	0.1	7:10	5:48	
15	Mon	9:14	2.9	9:27	2.5	2:49	-0.1	3:25	0.1	7:10	5:49	
16	Tue	9:50	2.8	10:07	2.5	3:26	0.0	4:01	0.1	7:09	5:49	
17	Wed	10:26	2.7	10:47	2.4	4:05	0.1	4:39	0.2	7:09	5:50	
18	Thu	11:03	2.6	11:30	2.4	4:46	0.2	5:19	0.2	7:09	5:51	
19	Fri	11:42	2.5			5:32	0.3	6:03	0.2	7:09	5:52	
20	Sat	12:17	2.4	12:25	2.4	6:23	0.4	6:50	0.2	7:09	5:52	
21	Sun	1:10	2.4	1:15	2.3	7:20	0.4	7:42	0.1	7:09	5:53	
22	Mon	2:10	2.5	2:13	2.3	8:20	0.4	8:38	0.0	7:08	5:54	
23	Tue	3:13	2.6	3:17	2.4	9:21	0.3	9:36	-0.2	7:08	5:55	
24	Wed	4:14	2.8	4:20	2.5	10:23	0.2	10:36	-0.4	7:08	5:56	
25	Thu	5:12	3.1	5:19	2.7	11:22	0.0	11:34	-0.6	7:08	5:56	
26	Fri	6:06	3.3	6:16	2.8			12:17	-0.2	7:07	5:57	
27	Sat	6:58	3.4	7:11	3.0	12:30	-0.8	1:10	-0.4	7:07	5:58	
28	Sun	7:50	3.5	8:06	3.1	1:23	-0.9	2:00	-0.6	7:06	5:59	
29	Mon	8:40	3.5	9:00	3.2	2:16	-0.9	2:50	-0.7	7:06	5:59	
30	Tue	9:30	3.4	9:54	3.2	3:08	-0.8	3:41	-0.7	7:06	6:00	
31	Wed	10:21	3.3	10:49	3.1	4:03	-0.7	4:33	-0.6	7:05	6:01	