

































## Lake Worth Pier (Ocean), FL - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:43	2.7	11:27	3.1	4:43	-0.2	4:56	-0.5	6:43	6:21	
2	Fri	11:36	2.6			5:42	0.0	5:53	-0.4	6:42	6:21	
3	Sat	12:27	2.9	12:35	2.4	6:46	0.2	6:57	-0.3	6:41	6:22	
4	Sun	1:34	2.8	1:43	2.3	7:54	0.3	8:04	-0.2	6:40	6:22	
5	Mon	2:46	2.7	2:58	2.3	9:03	0.3	9:13	-0.1	6:39	6:23	
6	Tue	3:56	2.7	4:09	2.4	10:08	0.3	10:19	-0.2	6:38	6:24	
7	Wed	4:57	2.8	5:11	2.5	11:07	0.1	11:19	-0.2	6:37	6:24	
8	Thu	5:49	2.8	6:04	2.6	11:59	0.0			6:36	6:25	
9	Fri	6:34	2.9	6:51	2.8	12:12	-0.2	12:43	-0.1	6:35	6:25	
10	Sat	7:14	2.9	7:33	2.9	12:59	-0.2	1:23	-0.2	6:34	6:26	
11	Sun	7:51	2.8	8:13	2.9	1:41	-0.2	1:59	-0.3	6:33	6:26	
12	Mon	8:26	2.7	8:51	2.9	2:20	-0.1	2:33	-0.3	6:32	6:27	
13	Tue	9:00	2.6	9:29	2.9	2:57	0.0	3:07	-0.2	6:31	6:27	
14	Wed	9:35	2.5	10:07	2.8	3:34	0.1	3:42	-0.1	6:30	6:28	
15	Thu	10:10	2.4	10:46	2.7	4:13	0.2	4:18	0.0	6:29	6:28	
16	Fri	10:47	2.3	11:28	2.6	4:54	0.4	4:57	0.1	6:28	6:29	
17	Sat	11:27	2.1			5:40	0.5	5:42	0.2	6:27	6:29	
18	Sun	12:15	2.5	12:13	2.0	6:32	0.7	6:34	0.3	6:26	6:30	
19	Mon	1:09	2.4	1:08	2.0	7:29	0.7	7:32	0.4	6:25	6:30	
20	Tue	2:11	2.4	2:13	2.0	8:27	0.7	8:33	0.3	6:23	6:31	
21	Wed	3:13	2.4	3:21	2.1	9:25	0.6	9:34	0.2	6:22	6:31	
22	Thu	4:10	2.5	4:22	2.3	10:18	0.4	10:32	0.1	6:21	6:32	
23	Fri	5:00	2.7	5:16	2.6	11:08	0.2	11:27	-0.1	6:20	6:32	
24	Sat	5:46	2.9	6:07	2.9	11:54	-0.1			6:19	6:33	
25	Sun	6:30	3.0	6:56	3.2	12:18	-0.2	12:39	-0.4	6:18	6:33	
26	Mon	7:14	3.1	7:44	3.4	1:07	-0.3	1:23	-0.6	6:17	6:34	
27	Tue	7:59	3.1	8:33	3.5	1:55	-0.4	2:07	-0.7	6:16	6:34	
28	Wed	8:46	3.0	9:24	3.5	2:44	-0.4	2:54	-0.7	6:15	6:35	
29	Thu	9:35	2.9	10:17	3.4	3:36	-0.2	3:44	-0.7	6:14	6:35	
30	Fri	10:27	2.8	11:13	3.3	4:30	-0.1	4:38	-0.5	6:13	6:36	
31	Sat	11:23	2.6			5:30	0.1	5:38	-0.3	6:11	6:36	