
































Lake Worth Pier (Ocean), FL - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:19	2.5	4:04	2.6	9:40	0.1	10:08	0.4	6:26	8:09	
2	Sat	4:10	2.4	4:58	2.6	10:27	0.1	11:02	0.5	6:26	8:09	
3	Sun	4:59	2.3	5:47	2.7	11:13	0.1	11:54	0.5	6:26	8:09	
4	Mon	5:45	2.3	6:32	2.8	11:57	0.0			6:26	8:10	
5	Tue	6:28	2.3	7:13	2.8	12:41	0.5	12:40	0.0	6:26	8:10	
6	Wed	7:10	2.3	7:54	2.9	1:26	0.5	1:21	0.0	6:26	8:11	
7	Thu	7:51	2.3	8:34	2.9	2:07	0.4	2:00	0.0	6:26	8:11	
8	Fri	8:32	2.3	9:14	2.9	2:46	0.4	2:38	-0.1	6:26	8:12	
9	Sat	9:13	2.3	9:53	2.9	3:25	0.4	3:16	0.0	6:26	8:12	
10	Sun	9:54	2.3	10:33	2.9	4:03	0.4	3:55	0.0	6:26	8:12	
11	Mon	10:36	2.3	11:12	2.8	4:42	0.4	4:36	0.0	6:26	8:13	
12	Tue	11:19	2.3	11:52	2.8	5:23	0.3	5:20	0.1	6:26	8:13	
13	Wed			12:06	2.3	6:07	0.3	6:09	0.2	6:26	8:14	
14	Thu	12:33	2.7	12:57	2.4	6:53	0.2	7:03	0.2	6:26	8:14	
15	Fri	1:18	2.7	1:52	2.5	7:41	0.1	8:02	0.3	6:26	8:14	
16	Sat	2:06	2.6	2:52	2.7	8:31	-0.1	9:02	0.3	6:26	8:14	
17	Sun	3:00	2.6	3:54	2.8	9:23	-0.2	10:04	0.3	6:26	8:15	
18	Mon	3:59	2.6	4:56	3.0	10:19	-0.4	11:07	0.2	6:26	8:15	
19	Tue	4:59	2.6	5:56	3.2	11:16	-0.5			6:27	8:15	
20	Wed	5:59	2.6	6:54	3.3	12:09	0.1	12:14	-0.6	6:27	8:16	
21	Thu	6:58	2.7	7:50	3.4	1:09	0.0	1:12	-0.7	6:27	8:16	
22	Fri	7:56	2.8	8:45	3.5	2:05	-0.1	2:08	-0.8	6:27	8:16	
23	Sat	8:53	2.8	9:38	3.4	2:59	-0.2	3:03	-0.7	6:27	8:16	
24	Sun	9:49	2.8	10:30	3.3	3:51	-0.2	3:57	-0.6	6:28	8:16	
25	Mon	10:45	2.8	11:20	3.2	4:43	-0.2	4:51	-0.4	6:28	8:17	
26	Tue	11:40	2.7			5:36	-0.1	5:46	-0.2	6:28	8:17	
27	Wed	12:09	3.0	12:35	2.7	6:28	-0.1	6:43	0.0	6:29	8:17	
28	Thu	12:56	2.8	1:30	2.6	7:19	0.0	7:40	0.2	6:29	8:17	
29	Fri	1:43	2.6	2:26	2.6	8:09	0.0	8:35	0.4	6:29	8:17	
30	Sat	2:31	2.4	3:23	2.5	8:57	0.0	9:30	0.5	6:30	8:17	