US HARBORS www.USHarbors.com

Lake Worth Pier (Ocean), FL - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:20	2.3	4:18	2.5	9:44	0.1	10:23	0.6	6:30	8:17	
2	Mon	4:11	2.2	5:09	2.6	10:30	0.1	11:16	0.6	6:30	8:17	
3	Tue	5:02	2.1	5:58	2.6	11:17	0.1			6:31	8:17	
4	Wed	5:51	2.1	6:43	2.7	12:07	0.6	12:04	0.1	6:31	8:17	
5	Thu	6:38	2.2	7:27	2.8	12:55	0.5	12:50	0.0	6:31	8:17	
6	Fri	7:23	2.2	8:09	2.8	1:39	0.5	1:33	-0.1	6:32	8:17	
7	Sat	8:06	2.3	8:49	2.9	2:20	0.4	2:14	-0.1	6:32	8:17	
8	Sun	8:49	2.3	9:29	2.9	2:59	0.3	2:54	-0.1	6:33	8:17	
9	Mon	9:31	2.4	10:07	2.9	3:37	0.2	3:34	-0.1	6:33	8:17	
10	Tue	10:15	2.4	10:45	2.9	4:15	0.2	4:16	-0.1	6:34	8:16	
11	Wed	10:59	2.5	11:25	2.8	4:55	0.1	5:00	0.0	6:34	8:16	
12	Thu	11:46	2.6			5:36	0.0	5:49	0.1	6:34	8:16	
13	Fri	12:05	2.8	12:37	2.6	6:22	-0.1	6:43	0.2	6:35	8:16	
14	Sat	12:49	2.7	1:31	2.7	7:11	-0.1	7:42	0.3	6:35	8:15	
15	Sun	1:38	2.6	2:30	2.8	8:03	-0.2	8:43	0.3	6:36	8:15	
16	Mon	2:34	2.5	3:34	2.9	8:59	-0.3	9:46	0.3	6:36	8:15	
17	Tue	3:35	2.5	4:40	3.0	9:58	-0.4	10:51	0.3	6:37	8:15	
18	Wed	4:41	2.5	5:43	3.1	10:59	-0.4	11:54	0.2	6:37	8:14	
19	Thu	5:45	2.6	6:42	3.2			12:00	-0.5	6:38	8:14	
20	Fri	6:46	2.7	7:38	3.3	12:55	0.1	1:00	-0.6	6:38	8:14	
21	Sat	7:44	2.8	8:30	3.3	1:51	0.0	1:57	-0.6	6:39	8:13	
22	Sun	8:40	2.9	9:20	3.3	2:42	-0.1	2:49	-0.6	6:39	8:13	
23	Mon	9:33	2.9	10:07	3.2	3:31	-0.2	3:40	-0.5	6:40	8:12	
24	Tue	10:24	2.9	10:51	3.1	4:18	-0.2	4:30	-0.3	6:40	8:12	
25	Wed	11:15	2.9	11:35	2.9	5:04	-0.2	5:19	-0.1	6:41	8:11	
26	Thu			12:04	2.8	5:50	-0.1	6:10	0.2	6:41	8:11	
27	Fri	12:17	2.7	12:53	2.7	6:36	0.0	7:02	0.4	6:42	8:10	
28	Sat	12:59	2.5	1:43	2.6	7:23	0.1	7:55	0.5	6:42	8:10	
29	Sun	1:44	2.4	2:36	2.5	8:11	0.2	8:48	0.7	6:43	8:09	
30	Mon	2:32	2.2	3:32	2.5	8:59	0.2	9:42	0.7	6:43	8:09	
31	Tue	3:25	2.2	4:29	2.5	9:49	0.3	10:36	0.8	6:44	8:08	