

































Lake Worth Pier (Ocean), FL - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:21	2.1	5:23	2.6	10:40	0.3	11:30	0.7	6:45	8:07	
2	Thu	5:16	2.2	6:12	2.7	11:31	0.2			6:45	8:07	
3	Fri	6:08	2.2	6:57	2.8	12:21	0.7	12:20	0.1	6:46	8:06	
4	Sat	6:55	2.4	7:39	2.9	1:07	0.6	1:06	0.0	6:46	8:05	
5	Sun	7:40	2.5	8:19	3.0	1:49	0.4	1:49	0.0	6:47	8:05	
6	Mon	8:24	2.6	8:58	3.1	2:28	0.3	2:31	-0.1	6:47	8:04	
7	Tue	9:07	2.7	9:36	3.1	3:05	0.2	3:13	-0.1	6:48	8:03	
8	Wed	9:52	2.8	10:15	3.1	3:43	0.0	3:56	-0.1	6:48	8:02	
9	Thu	10:37	2.9	10:56	3.0	4:23	0.0	4:41	0.0	6:49	8:02	
10	Fri	11:26	3.0	11:39	2.9	5:05	-0.1	5:31	0.1	6:49	8:01	
11	Sat			12:17	3.0	5:52	-0.1	6:26	0.3	6:50	8:00	
12	Sun	12:26	2.8	1:12	3.0	6:44	-0.1	7:26	0.4	6:50	7:59	
13	Mon	1:18	2.7	2:14	3.0	7:41	-0.1	8:29	0.5	6:51	7:58	
14	Tue	2:17	2.6	3:21	3.0	8:42	-0.1	9:35	0.5	6:51	7:58	
15	Wed	3:24	2.6	4:29	3.1	9:45	-0.1	10:40	0.5	6:51	7:57	
16	Thu	4:33	2.6	5:33	3.2	10:50	-0.2	11:43	0.4	6:52	7:56	
17	Fri	5:39	2.7	6:31	3.2	11:53	-0.2			6:52	7:55	
18	Sat	6:39	2.9	7:23	3.3	12:42	0.3	12:51	-0.2	6:53	7:54	
19	Sun	7:34	3.0	8:11	3.3	1:34	0.1	1:45	-0.3	6:53	7:53	
20	Mon	8:25	3.1	8:56	3.3	2:21	0.0	2:35	-0.2	6:54	7:52	
21	Tue	9:13	3.2	9:38	3.2	3:05	0.0	3:21	-0.1	6:54	7:51	
22	Wed	10:00	3.2	10:18	3.1	3:47	0.0	4:05	0.0	6:55	7:50	
23	Thu	10:44	3.1	10:57	2.9	4:27	0.0	4:50	0.2	6:55	7:49	
24	Fri	11:28	3.0	11:36	2.8	5:08	0.1	5:35	0.4	6:56	7:48	
25	Sat			12:13	2.9	5:50	0.2	6:22	0.6	6:56	7:47	
26	Sun	12:17	2.6	12:59	2.8	6:35	0.4	7:12	0.8	6:57	7:46	
27	Mon	1:00	2.5	1:50	2.7	7:23	0.5	8:05	0.9	6:57	7:45	
28	Tue	1:47	2.4	2:46	2.7	8:14	0.6	9:01	1.0	6:57	7:44	
29	Wed	2:42	2.3	3:46	2.7	9:08	0.6	9:57	1.0	6:58	7:43	
30	Thu	3:43	2.3	4:44	2.7	10:03	0.6	10:52	1.0	6:58	7:42	
31	Fri	4:43	2.4	5:36	2.8	10:57	0.5	11:43	0.9	6:59	7:41	