

































Lake Worth Pier (Ocean), FL - Mar 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:20	2.5	5:31	2.3	11:31	0.3	11:38	0.0	6:43	6:21	
2	Sat	6:02	2.6	6:15	2.4			12:13	0.2	6:42	6:22	
3	Sun	6:41	2.7	6:55	2.6	12:21	-0.1	12:51	0.0	6:41	6:22	
4	Mon	7:18	2.8	7:35	2.7	1:01	-0.1	1:27	-0.1	6:40	6:23	
5	Tue	7:54	2.8	8:13	2.8	1:39	-0.2	2:01	-0.2	6:39	6:23	
6	Wed	8:29	2.8	8:52	2.9	2:16	-0.2	2:36	-0.2	6:38	6:24	
7	Thu	9:06	2.8	9:33	2.9	2:55	-0.2	3:12	-0.3	6:37	6:24	
8	Fri	9:44	2.7	10:16	2.9	3:36	-0.1	3:52	-0.3	6:36	6:25	
9	Sat	10:25	2.6	11:03	2.9	4:21	0.0	4:36	-0.3	6:35	6:25	
10	Sun	11:11	2.6	11:55	2.8	5:12	0.1	5:27	-0.2	6:34	6:26	
11	Mon			12:03	2.5	6:09	0.2	6:25	-0.2	6:33	6:27	
12	Tue	12:54	2.8	1:05	2.4	7:11	0.2	7:29	-0.2	6:31	6:27	
13	Wed	1:59	2.8	2:15	2.4	8:16	0.2	8:35	-0.2	6:30	6:28	
14	Thu	3:08	2.9	3:27	2.5	9:22	0.1	9:42	-0.3	6:29	6:28	
15	Fri	4:13	3.0	4:34	2.7	10:24	-0.1	10:46	-0.4	6:28	6:29	
16	Sat	5:12	3.1	5:34	2.9	11:22	-0.2	11:46	-0.5	6:27	6:29	
17	Sun	6:05	3.2	6:29	3.1			12:16	-0.4	6:26	6:30	
18	Mon	6:55	3.2	7:20	3.3	12:41	-0.5	1:05	-0.6	6:25	6:30	
19	Tue	7:42	3.2	8:09	3.3	1:31	-0.6	1:51	-0.6	6:24	6:31	
20	Wed	8:28	3.1	8:56	3.3	2:19	-0.5	2:35	-0.6	6:23	6:31	
21	Thu	9:12	3.0	9:42	3.2	3:06	-0.4	3:18	-0.5	6:22	6:32	
22	Fri	9:55	2.8	10:27	3.0	3:52	-0.2	4:02	-0.3	6:21	6:32	
23	Sat	10:39	2.6	11:13	2.9	4:39	0.0	4:48	-0.1	6:20	6:33	
24	Sun	11:24	2.5			5:29	0.2	5:36	0.1	6:18	6:33	
25	Mon	12:01	2.7	12:12	2.3	6:22	0.4	6:29	0.2	6:17	6:34	
26	Tue	12:52	2.5	1:06	2.2	7:17	0.5	7:24	0.3	6:16	6:34	
27	Wed	1:49	2.4	2:06	2.1	8:13	0.6	8:20	0.4	6:15	6:34	
28	Thu	2:48	2.4	3:08	2.2	9:07	0.6	9:16	0.4	6:14	6:35	
29	Fri	3:45	2.4	4:06	2.3	9:59	0.5	10:11	0.4	6:13	6:35	
30	Sat	4:35	2.5	4:57	2.4	10:47	0.4	11:01	0.3	6:12	6:36	
31	Sun	5:20	2.6	5:42	2.6	11:31	0.2	11:48	0.2	6:11	6:36	