

































Lake Worth Pier (Ocean), FL - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:17	3.4	5:24	2.8	11:29	0.1	11:38	-0.5	7:08	5:39	
2	Wed	6:13	3.5	6:21	2.9			12:25	0.0	7:08	5:39	
3	Thu	7:05	3.5	7:16	3.0	12:34	-0.6	1:17	-0.1	7:09	5:40	
4	Fri	7:55	3.5	8:08	3.0	1:27	-0.6	2:06	-0.2	7:09	5:41	
5	Sat	8:43	3.5	8:59	3.0	2:17	-0.6	2:53	-0.2	7:09	5:41	
6	Sun	9:29	3.3	9:48	2.9	3:06	-0.4	3:40	-0.2	7:09	5:42	
7	Mon	10:13	3.1	10:37	2.8	3:54	-0.2	4:26	-0.1	7:09	5:43	
8	Tue	10:57	2.9	11:26	2.7	4:44	0.0	5:13	0.0	7:09	5:44	
9	Wed	11:40	2.7			5:36	0.2	6:01	0.1	7:09	5:44	
10	Thu	12:17	2.6	12:25	2.5	6:30	0.4	6:49	0.2	7:09	5:45	
11	Fri	1:10	2.5	1:13	2.3	7:25	0.6	7:39	0.2	7:09	5:46	
12	Sat	2:07	2.4	2:06	2.2	8:21	0.6	8:29	0.2	7:09	5:47	
13	Sun	3:06	2.4	3:03	2.1	9:17	0.7	9:20	0.2	7:09	5:47	
14	Mon	4:02	2.5	4:00	2.1	10:12	0.6	10:11	0.2	7:09	5:48	
15	Tue	4:53	2.6	4:52	2.2	11:04	0.6	11:01	0.1	7:09	5:49	
16	Wed	5:39	2.7	5:40	2.3	11:52	0.4	11:47	0.0	7:09	5:50	
17	Thu	6:22	2.8	6:24	2.4			12:34	0.3	7:09	5:50	
18	Fri	7:02	2.9	7:07	2.5	12:31	-0.2	1:13	0.2	7:09	5:51	
19	Sat	7:41	3.0	7:49	2.6	1:12	-0.3	1:51	0.0	7:09	5:52	
20	Sun	8:19	3.0	8:31	2.7	1:53	-0.3	2:28	-0.1	7:09	5:53	
21	Mon	8:57	3.0	9:15	2.8	2:34	-0.3	3:07	-0.2	7:08	5:54	
22	Tue	9:37	3.0	10:01	2.8	3:17	-0.3	3:48	-0.2	7:08	5:54	
23	Wed	10:18	2.9	10:50	2.8	4:04	-0.2	4:32	-0.3	7:08	5:55	
24	Thu	11:03	2.8	11:44	2.8	4:55	-0.1	5:22	-0.3	7:08	5:56	
25	Fri	11:53	2.6			5:53	0.1	6:16	-0.3	7:07	5:57	
26	Sat	12:42	2.8	12:49	2.5	6:55	0.2	7:16	-0.3	7:07	5:58	
27	Sun	1:47	2.8	1:53	2.4	8:01	0.2	8:18	-0.3	7:07	5:58	
28	Mon	2:57	2.8	3:03	2.4	9:08	0.2	9:23	-0.4	7:06	5:59	
29	Tue	4:04	2.9	4:12	2.4	10:14	0.2	10:27	-0.4	7:06	6:00	
30	Wed	5:06	3.0	5:16	2.6	11:16	0.0	11:28	-0.5	7:05	6:01	
31	Thu	6:01	3.1	6:13	2.7			12:12	-0.1	7:05	6:01	