

Lanark, St. George Sound, FL - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:36	2.0	5:15	2.5	11:29	0.5			8:04	7:37	
2	Sun	6:35	1.8	5:51	2.4	12:18	-0.3	11:57 AM	0.8	8:03	7:37	
3	Mon	7:44	1.5	6:32	2.3	1:11	-0.2	12:16	1.1	8:02	7:38	
4	Tue	9:23	1.3	7:21	2.2	2:16	-0.1	11:51 AM	1.3	8:01	7:39	
5	Wed			8:21	2.1	3:44	0.0			8:00	7:39	
6	Thu			2:27	1.6	5:14	0.0	4:56	1.5	7:59	7:40	
7	Fri			2:29	1.7	6:18	0.0	6:18	1.4	7:57	7:41	
8	Sat			2:33	1.7	7:07	-0.1	7:06	1.1	7:56	7:41	
9	Sun	12:26	2.0	2:38	1.8	7:46	-0.1	7:45	0.9	7:55	7:42	
10	Mon	1:24	2.2	2:48	1.9	8:21	-0.1	8:20	0.7	7:54	7:43	
11	Tue	2:08	2.3	3:00	2.0	8:52	0.0	8:55	0.5	7:53	7:43	
12	Wed	2:46	2.3	3:15	2.1	9:22	0.1	9:28	0.3	7:52	7:44	
13	Thu	3:22	2.4	3:35	2.2	9:51	0.2	10:01	0.1	7:50	7:45	
14	Fri	3:58	2.3	3:57	2.3	10:19	0.4	10:34	0.0	7:49	7:45	
15	Sat	4:37	2.2	4:23	2.3	10:45	0.6	11:08	-0.1	7:48	7:46	
16	Sun	5:18	2.1	4:50	2.3	11:08	0.8	11:44	-0.1	7:47	7:47	
17	Mon	6:06	2.0	5:20	2.3	11:26	1.0			7:46	7:47	
18	Tue	7:03	1.8	5:54	2.3	12:24	-0.1	11:38 AM	1.2	7:44	7:48	
19	Wed	8:15	1.6	6:39	2.3	1:16	0.0	11:46 AM	1.4	7:43	7:48	
20	Thu			7:43	2.2	2:30	0.1			7:42	7:49	
21	Fri			9:03	2.1	4:03	0.1			7:41	7:50	
22	Sat			1:19	1.8	5:22	0.0	5:44	1.5	7:40	7:50	
23	Sun			1:28	2.0	6:22	-0.1	6:41	1.1	7:38	7:51	
24	Mon	12:02	2.2	1:47	2.1	7:12	0.0	7:28	0.7	7:37	7:51	
25	Tue	1:17	2.4	2:09	2.3	7:58	0.1	8:14	0.3	7:36	7:52	
26	Wed	2:17	2.5	2:33	2.5	8:40	0.2	8:58	0.0	7:35	7:53	
27	Thu	3:09	2.6	3:00	2.6	9:19	0.4	9:42	-0.3	7:34	7:53	
28	Fri	3:58	2.6	3:30	2.7	9:56	0.7	10:26	-0.5	7:32	7:54	
29	Sat	4:47	2.4	4:01	2.8	10:31	0.9	11:09	-0.5	7:31	7:54	
30	Sun	5:37	2.2	4:34	2.7	11:04	1.1	11:54	-0.4	7:30	7:55	

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31	Mon	6:31	2.0	5:11	2.6	11:35	1.3			7:29	7:56	