

Lanark, St. George Sound, FL - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:10	2.3	2:48	2.1	8:52	-0.1	9:00	0.3	7:03	6:37	
2	Tue	2:46	2.3	3:09	2.1	9:21	0.1	9:34	0.2	7:02	6:38	
3	Wed	3:23	2.2	3:32	2.2	9:49	0.3	10:07	0.1	7:01	6:39	
4	Thu	4:02	2.1	3:59	2.2	10:14	0.5	10:41	0.1	7:00	6:39	
5	Fri	4:45	1.9	4:28	2.2	10:36	0.7	11:18	0.1	6:59	6:40	
6	Sat	5:34	1.7	5:01	2.1	10:50	0.9			6:58	6:41	
7	Sun	6:33	1.6	5:40	2.1	12:03	0.1	10:56 AM	1.1	6:57	6:41	
8	Mon	7:48	1.4	6:29	2.0	1:04	0.2	10:57 AM	1.3	6:55	6:42	
9	Tue			7:33	2.0	2:33	0.2			6:54	6:43	
10	Wed			1:26	1.6	3:59	0.1	4:02	1.5	6:53	6:43	
11	Thu			12:50	1.7	5:03	0.0	5:13	1.4	6:52	6:44	
12	Fri			12:58	1.9	5:54	-0.2	6:03	1.1	6:51	6:44	
13	Sat			1:15	2.0	6:39	-0.2	6:48	0.8	6:50	6:45	
14	Sun	12:32	2.4	1:36	2.2	7:21	-0.2	7:31	0.4	6:48	6:46	
15	Mon	1:26	2.6	2:00	2.3	8:02	-0.1	8:15	0.1	6:47	6:46	
16	Tue	2:16	2.6	2:27	2.5	8:40	0.1	8:59	-0.2	6:46	6:47	
17	Wed	3:05	2.5	2:56	2.6	9:17	0.4	9:44	-0.4	6:45	6:48	
18	Thu	3:56	2.4	3:29	2.7	9:52	0.7	10:29	-0.5	6:44	6:48	
19	Fri	4:50	2.2	4:04	2.6	10:26	0.9	11:18	-0.4	6:42	6:49	
20	Sat	5:52	1.9	4:44	2.6	10:57	1.2			6:41	6:49	
21	Sun	7:07	1.7	5:31	2.4	12:12	-0.2	11:26 AM	1.4	6:40	6:50	
22	Mon	8:51	1.6	6:29	2.2	1:20	0.0	11:52 AM	1.6	6:39	6:51	
23	Tue			12:12	1.7	2:48	0.1	2:44	1.6	6:38	6:51	
24	Wed			12:29	1.8	4:13	0.2	4:40	1.4	6:36	6:52	
25	Thu			12:41	1.9	5:15	0.2	5:38	1.2	6:35	6:52	
26	Fri			12:54	2.0	6:03	0.2	6:20	0.9	6:34	6:53	
27	Sat	12:04	2.1	1:08	2.1	6:43	0.3	6:56	0.7	6:33	6:54	
28	Sun	12:54	2.2	1:23	2.2	7:18	0.4	7:30	0.4	6:31	6:54	
29	Mon	1:33	2.3	1:40	2.3	7:50	0.5	8:03	0.3	6:30	6:55	
30	Tue	2:09	2.4	2:00	2.4	8:21	0.6	8:36	0.1	6:29	6:55	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	2:43	2.4	2:23	2.4	8:52	0.7	9:09	0.0	6:28	6:56	