

Lanark, St. George Sound, FL - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:40	2.9	7:35	2.2	12:22	1.0	1:35	0.8	6:57	8:31	
2	Mon	7:21	2.9	9:06	2.0	12:51	1.4	2:49	0.6	6:58	8:30	
3	Tue	8:08	2.9			1:13	1.7	4:14	0.5	6:59	8:29	
4	Wed	9:03	2.9					5:29	0.3	6:59	8:29	
5	Thu	2:23	2.2	10:06 AM	2.9	4:47	2.1	6:30	0.1	7:00	8:28	
6	Fri	2:39	2.3	11:17 AM	2.9	6:06	2.1	7:22	0.0	7:00	8:27	
7	Sat	2:57	2.4	12:26	3.0	7:06	1.9	8:07	0.0	7:01	8:26	
8	Sun	3:15	2.5	1:25	3.1	7:57	1.7	8:48	0.0	7:01	8:25	
9	Mon	3:35	2.6	2:14	3.1	8:43	1.6	9:26	0.1	7:02	8:25	
10	Tue	3:55	2.6	2:58	3.1	9:26	1.4	10:00	0.2	7:03	8:24	
11	Wed	4:15	2.7	3:39	3.0	10:06	1.2	10:33	0.4	7:03	8:23	
12	Thu	4:36	2.7	4:19	2.9	10:44	1.1	11:03	0.6	7:04	8:22	
13	Fri	5:01	2.7	5:01	2.7	11:22	1.0	11:31	0.9	7:04	8:21	
14	Sat	5:28	2.7	5:47	2.5			12:00	1.0	7:05	8:20	
15	Sun	5:58	2.7	6:39	2.3			12:43	0.9	7:06	8:19	
16	Mon	6:33	2.7	7:42	2.1	12:16	1.4	1:34	1.0	7:06	8:18	
17	Tue	7:13	2.7	9:01	1.9	12:24	1.6	2:46	1.0	7:07	8:17	
18	Wed	8:01	2.6			12:14	1.8	4:13	0.9	7:07	8:16	
19	Thu	8:58	2.6					5:27	0.7	7:08	8:15	
20	Fri	2:41	2.2	10:03 AM	2.7	5:03	2.1	6:22	0.5	7:08	8:14	
21	Sat	2:24	2.3	11:13 AM	2.7	6:11	2.0	7:07	0.4	7:09	8:13	
22	Sun	2:28	2.4	12:19	2.9	7:01	1.9	7:48	0.2	7:10	8:12	
23	Mon	2:42	2.5	1:17	3.0	7:45	1.7	8:28	0.2	7:10	8:11	
24	Tue	3:01	2.7	2:07	3.1	8:28	1.4	9:06	0.2	7:11	8:09	
25	Wed	3:22	2.8	2:55	3.2	9:11	1.2	9:43	0.3	7:11	8:08	
26	Thu	3:46	2.9	3:42	3.1	9:54	0.9	10:19	0.5	7:12	8:07	
27	Fri	4:13	3.0	4:31	3.0	10:37	0.7	10:53	0.8	7:12	8:06	
28	Sat	4:43	3.0	5:24	2.8	11:23	0.5	11:26	1.1	7:13	8:05	
29	Sun	5:16	3.1	6:25	2.5			12:11	0.4	7:14	8:04	
30	Mon	5:53	3.1	7:38	2.3			1:07	0.4	7:14	8:03	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	6:37	3.0	9:17	2.1	12:22	1.8	2:17	0.5	7:15	8:02	