

Lanark, St. George Sound, FL - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:17	1.5	7:18	1.9	12:52	0.8	12:23	0.3	7:34	5:50	
2	Mon	7:36	1.3	8:01	2.0	2:16	0.6	1:13	0.6	7:34	5:50	
3	Tue	9:13	1.3	8:47	2.0	3:36	0.3	2:42	0.9	7:34	5:51	
4	Wed	11:30	1.4	9:39	2.1	4:38	-0.1	4:07	1.1	7:34	5:52	
5	Thu			12:54	1.6	5:31	-0.5	5:12	1.2	7:34	5:52	
6	Fri			1:42	1.8	6:21	-0.9	6:08	1.2	7:34	5:53	
7	Sat			2:21	1.9	7:09	-1.1	7:01	1.2	7:35	5:54	
8	Sun	12:25	2.5	2:57	2.0	7:56	-1.2	7:51	1.1	7:35	5:55	
9	Mon	1:15	2.6	3:31	2.0	8:42	-1.3	8:41	1.0	7:35	5:56	
10	Tue	2:03	2.6	4:06	2.0	9:25	-1.2	9:30	0.8	7:35	5:56	
11	Wed	2:50	2.5	4:40	2.0	10:06	-0.9	10:19	0.7	7:35	5:57	
12	Thu	3:38	2.2	5:14	2.0	10:45	-0.6	11:09	0.6	7:35	5:58	
13	Fri	4:30	1.9	5:49	2.0	11:21	-0.3			7:35	5:59	
14	Sat	5:28	1.6	6:26	1.9	12:04	0.5	11:57 AM	0.1	7:34	6:00	
15	Sun	6:36	1.3	7:04	1.9	1:10	0.4	12:34	0.5	7:34	6:01	
16	Mon	8:00	1.1	7:46	1.9	2:33	0.3	1:20	0.8	7:34	6:01	
17	Tue	10:51	1.1	8:33	1.9	3:55	0.1	2:41	1.0	7:34	6:02	
18	Wed			1:14	1.3	4:56	-0.1	4:07	1.1	7:34	6:03	
19	Thu			1:42	1.4	5:45	-0.3	5:11	1.2	7:33	6:04	
20	Fri			2:01	1.5	6:27	-0.5	6:03	1.1	7:33	6:05	
21	Sat			2:19	1.6	7:05	-0.6	6:48	1.1	7:33	6:06	
22	Sun	12:10	2.1	2:38	1.7	7:41	-0.7	7:29	1.0	7:33	6:07	
23	Mon	12:52	2.2	2:59	1.8	8:16	-0.7	8:09	0.9	7:32	6:07	
24	Tue	1:32	2.3	3:21	1.8	8:49	-0.8	8:47	0.8	7:32	6:08	
25	Wed	2:09	2.3	3:44	1.9	9:21	-0.7	9:24	0.7	7:31	6:09	
26	Thu	2:48	2.2	4:11	1.9	9:52	-0.6	10:01	0.6	7:31	6:10	
27	Fri	3:28	2.1	4:40	1.9	10:22	-0.4	10:39	0.5	7:31	6:11	
28	Sat	4:12	1.9	5:11	1.9	10:51	-0.2	11:22	0.4	7:30	6:12	
29	Sun	5:04	1.7	5:46	2.0	11:18	0.1			7:30	6:13	
30	Mon	6:07	1.5	6:24	2.0	12:13	0.3	11:43 AM	0.4	7:29	6:13	
31	Tue	7:22	1.3	7:08	2.0	1:23	0.2	12:08	0.8	7:29	6:14	