

Lanark, St. George Sound, FL - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:18	2.1	11:37 AM	2.8	6:13	1.7	7:29	0.1	6:41	8:43	
2	Sun	2:53	2.2	12:25	2.8	7:02	1.8	8:07	0.0	6:41	8:43	
3	Mon	3:21	2.3	1:10	2.9	7:47	1.8	8:44	-0.1	6:41	8:43	
4	Tue	3:46	2.4	1:51	2.9	8:30	1.8	9:20	-0.1	6:42	8:43	
5	Wed	4:12	2.5	2:29	3.0	9:11	1.7	9:55	-0.1	6:42	8:43	
6	Thu	4:38	2.5	3:06	2.9	9:51	1.7	10:29	-0.1	6:43	8:43	
7	Fri	5:05	2.5	3:44	2.9	10:30	1.6	11:02	0.0	6:43	8:42	
8	Sat	5:35	2.5	4:23	2.8	11:09	1.6	11:33	0.2	6:44	8:42	
9	Sun	6:06	2.5	5:06	2.6	11:48	1.5			6:44	8:42	
10	Mon	6:40	2.5	5:56	2.4	12:04	0.4	12:33	1.5	6:45	8:42	
11	Tue	7:15	2.5	6:56	2.2	12:33	0.7	1:27	1.4	6:45	8:42	
12	Wed	7:53	2.6	8:08	2.0	1:04	0.9	2:38	1.2	6:46	8:41	
13	Thu	8:33	2.6	9:32	1.9	1:39	1.2	3:58	1.0	6:46	8:41	
14	Fri	9:17	2.7	11:30	2.0	2:38	1.5	5:07	0.7	6:47	8:41	
15	Sat	10:07	2.8			4:20	1.8	6:04	0.3	6:47	8:40	
16	Sun	1:29	2.2	11:02 AM	2.9	5:36	1.9	6:55	0.0	6:48	8:40	
17	Mon	2:22	2.4	12:01	3.0	6:37	1.9	7:44	-0.3	6:48	8:40	
18	Tue	3:01	2.5	12:58	3.2	7:32	1.9	8:33	-0.4	6:49	8:39	
19	Wed	3:36	2.6	1:52	3.3	8:25	1.8	9:19	-0.5	6:49	8:39	
20	Thu	4:10	2.7	2:42	3.3	9:16	1.7	10:04	-0.4	6:50	8:38	
21	Fri	4:43	2.7	3:31	3.2	10:07	1.5	10:46	-0.2	6:51	8:38	
22	Sat	5:16	2.7	4:21	3.0	10:57	1.3	11:26	0.1	6:51	8:37	
23	Sun	5:49	2.7	5:14	2.8	11:47	1.2			6:52	8:37	
24	Mon	6:24	2.7	6:12	2.5	12:04	0.4	12:40	1.1	6:52	8:36	
25	Tue	7:01	2.7	7:19	2.2	12:41	0.8	1:41	1.0	6:53	8:36	
26	Wed	7:39	2.7	8:39	2.0	1:17	1.2	2:55	0.9	6:53	8:35	
27	Thu	8:21	2.7	10:41	1.9	1:59	1.5	4:18	0.8	6:54	8:35	
28	Fri	9:08	2.7			3:07	1.8	5:28	0.6	6:55	8:34	
29	Sat	1:54	2.0	10:00 AM	2.7	4:37	1.9	6:23	0.5	6:55	8:33	
30	Sun	2:29	2.2	10:59 AM	2.7	5:49	1.9	7:08	0.3	6:56	8:33	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	2:51	2.3	11:59 AM	2.8	6:44	1.9	7:49	0.2	6:56	8:32	