

Lanark, St. George Sound, FL - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:52	2.3	4:10	2.3	10:18	0.1	10:47	-0.1	7:04	6:37	
2	Fri	4:44	2.0	4:43	2.3	10:51	0.4	11:35	-0.1	7:03	6:37	
3	Sat	5:41	1.8	5:18	2.2	11:22	0.7			7:02	6:38	
4	Sun	6:47	1.5	5:59	2.1	12:28	0.0	11:49 AM	1.0	7:01	6:39	
5	Mon	8:16	1.4	6:47	2.0	1:35	0.1	11:56 AM	1.3	7:00	6:39	
6	Tue			7:45	2.0	3:03	0.2			6:58	6:40	
7	Wed			1:16	1.6	4:26	0.1	4:23	1.4	6:57	6:41	
8	Thu			1:26	1.7	5:26	0.0	5:29	1.3	6:56	6:41	
9	Fri			1:34	1.8	6:13	0.0	6:15	1.1	6:55	6:42	
10	Sat			1:44	1.9	6:52	-0.1	6:53	1.0	6:54	6:43	
11	Sun	12:26	2.2	1:57	2.0	7:28	-0.1	7:28	0.8	6:53	6:43	
12	Mon	1:09	2.3	2:13	2.0	8:00	-0.1	8:03	0.6	6:52	6:44	
13	Tue	1:47	2.4	2:31	2.1	8:32	0.0	8:37	0.4	6:50	6:45	
14	Wed	2:24	2.4	2:52	2.2	9:02	0.1	9:11	0.3	6:49	6:45	
15	Thu	3:01	2.4	3:16	2.3	9:31	0.2	9:44	0.2	6:48	6:46	
16	Fri	3:41	2.3	3:43	2.3	9:59	0.5	10:19	0.1	6:47	6:47	
17	Sat	4:25	2.2	4:12	2.3	10:25	0.7	10:56	0.0	6:46	6:47	
18	Sun	5:16	2.0	4:45	2.3	10:48	0.9	11:40	0.0	6:44	6:48	
19	Mon	6:17	1.8	5:23	2.3	11:07	1.2			6:43	6:48	
20	Tue	7:31	1.7	6:12	2.2	12:38	0.1	11:24 AM	1.4	6:42	6:49	
21	Wed	9:17	1.7	7:17	2.2	1:59	0.1	11:42 AM	1.6	6:41	6:50	
22	Thu			12:04	1.8	3:30	0.0	3:53	1.6	6:40	6:50	
23	Fri			12:25	1.9	4:44	-0.1	5:09	1.4	6:38	6:51	
24	Sat			12:48	2.1	5:43	-0.1	6:02	1.1	6:37	6:51	
25	Sun			1:11	2.2	6:33	-0.2	6:49	0.8	6:36	6:52	
26	Mon	12:34	2.5	1:35	2.3	7:18	-0.1	7:34	0.4	6:35	6:53	
27	Tue	1:29	2.6	2:00	2.5	8:01	0.1	8:17	0.1	6:34	6:53	
28	Wed	2:19	2.6	2:26	2.6	8:40	0.3	9:00	-0.1	6:32	6:54	
29	Thu	3:05	2.6	2:55	2.6	9:17	0.5	9:42	-0.2	6:31	6:54	
30	Fri	3:52	2.4	3:24	2.6	9:52	0.7	10:23	-0.2	6:30	6:55	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	4:40	2.2	3:57	2.6	10:25	1.0	11:05	-0.1	6:29	6:56	