

Lanark, St. George Sound, FL - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:05	2.4	7:42	2.0	1:17	0.8	2:34	1.5	6:40	8:43	
2	Mon	8:43	2.5	8:59	1.9	1:58	1.0	3:56	1.3	6:41	8:43	
3	Tue	9:23	2.5	10:32	1.9	2:58	1.3	5:03	1.0	6:41	8:43	
4	Wed	10:07	2.6			4:16	1.5	5:55	0.7	6:42	8:43	
5	Thu	12:36	2.0	10:54 AM	2.7	5:23	1.7	6:40	0.3	6:42	8:43	
6	Fri	1:52	2.2	11:44 AM	2.8	6:19	1.8	7:24	0.0	6:43	8:43	
7	Sat	2:37	2.4	12:34	3.0	7:10	1.8	8:08	-0.2	6:43	8:42	
8	Sun	3:16	2.5	1:22	3.1	7:59	1.8	8:53	-0.4	6:43	8:42	
9	Mon	3:53	2.6	2:09	3.2	8:47	1.8	9:37	-0.5	6:44	8:42	
10	Tue	4:29	2.7	2:55	3.2	9:36	1.8	10:21	-0.5	6:44	8:42	
11	Wed	5:06	2.7	3:42	3.2	10:24	1.7	11:03	-0.3	6:45	8:42	
12	Thu	5:44	2.7	4:32	3.0	11:14	1.5	11:44	-0.1	6:45	8:41	
13	Fri	6:21	2.7	5:27	2.7			12:06	1.4	6:46	8:41	
14	Sat	7:00	2.7	6:31	2.4	12:25	0.3	1:06	1.3	6:47	8:41	
15	Sun	7:39	2.7	7:46	2.1	1:07	0.7	2:17	1.1	6:47	8:41	
16	Mon	8:19	2.7	9:18	1.9	1:51	1.1	3:41	0.9	6:48	8:40	
17	Tue	9:03	2.8	11:41	1.9	2:49	1.4	4:59	0.6	6:48	8:40	
18	Wed	9:50	2.8			4:05	1.7	6:00	0.4	6:49	8:39	
19	Thu	1:51	2.1	10:43 AM	2.8	5:19	1.8	6:51	0.2	6:49	8:39	
20	Fri	2:36	2.2	11:39 AM	2.8	6:20	1.9	7:36	0.1	6:50	8:39	
21	Sat	3:06	2.3	12:34	2.9	7:13	1.9	8:17	0.0	6:50	8:38	
22	Sun	3:31	2.4	1:22	3.0	8:00	1.8	8:55	-0.1	6:51	8:38	
23	Mon	3:54	2.5	2:05	3.0	8:43	1.7	9:31	-0.1	6:52	8:37	
24	Tue	4:17	2.5	2:44	3.0	9:24	1.7	10:06	0.0	6:52	8:37	
25	Wed	4:40	2.5	3:22	3.0	10:03	1.6	10:38	0.1	6:53	8:36	
26	Thu	5:04	2.5	4:01	2.9	10:41	1.5	11:10	0.2	6:53	8:35	
27	Fri	5:30	2.5	4:41	2.7	11:19	1.4	11:40	0.4	6:54	8:35	
28	Sat	5:59	2.6	5:26	2.6	11:57	1.4			6:54	8:34	
29	Sun	6:31	2.6	6:17	2.4	12:08	0.7	12:40	1.3	6:55	8:34	
30	Mon	7:06	2.6	7:18	2.2	12:35	1.0	1:33	1.2	6:56	8:33	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	7:44	2.6	8:30	2.0	12:59	1.2	2:44	1.1	6:56	8:32	