

Lanark, St. George Sound, FL - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:12	2.6			3:01	1.7	5:27	0.6	6:41	8:43	
2	Mon	2:15	1.9	9:52 AM	2.6	4:20	1.9	6:16	0.4	6:41	8:43	
3	Tue	2:55	2.1	10:39 AM	2.7	5:31	2.0	7:00	0.2	6:41	8:43	
4	Wed	3:21	2.2	11:32 AM	2.7	6:27	2.1	7:42	0.0	6:42	8:43	
5	Thu	3:41	2.3	12:25	2.8	7:15	2.1	8:23	-0.1	6:42	8:43	
6	Fri	4:02	2.4	1:14	2.9	8:00	2.1	9:03	-0.2	6:43	8:43	
7	Sat	4:24	2.4	1:58	3.0	8:44	2.0	9:40	-0.3	6:43	8:42	
8	Sun	4:47	2.5	2:39	3.0	9:26	1.9	10:15	-0.3	6:44	8:42	
9	Mon	5:11	2.5	3:20	3.0	10:08	1.9	10:49	-0.2	6:44	8:42	
10	Tue	5:36	2.5	4:02	2.9	10:50	1.7	11:21	0.0	6:45	8:42	
11	Wed	6:01	2.5	4:49	2.7	11:32	1.6	11:52	0.3	6:45	8:42	
12	Thu	6:27	2.6	5:45	2.5			12:18	1.4	6:46	8:41	
13	Fri	6:55	2.6	6:52	2.3	12:21	0.6	1:12	1.2	6:46	8:41	
14	Sat	7:25	2.7	8:13	2.0	12:47	1.0	2:19	0.9	6:47	8:41	
15	Sun	7:59	2.8	9:59	1.9	1:08	1.4	3:37	0.6	6:47	8:40	
16	Mon	8:39	2.9			1:09	1.8	4:53	0.3	6:48	8:40	
17	Tue	9:27	3.0					5:58	-0.1	6:48	8:40	
18	Wed	10:25	3.1					6:56	-0.3	6:49	8:39	
19	Thu	3:37	2.5	11:32 AM	3.1	6:20	2.3	7:50	-0.5	6:49	8:39	
20	Fri	3:54	2.5	12:39	3.2	7:22	2.3	8:40	-0.6	6:50	8:38	
21	Sat	4:13	2.6	1:40	3.3	8:18	2.1	9:26	-0.5	6:51	8:38	
22	Sun	4:34	2.6	2:33	3.3	9:11	1.9	10:07	-0.4	6:51	8:37	
23	Mon	4:56	2.6	3:22	3.2	10:00	1.7	10:44	-0.1	6:52	8:37	
24	Tue	5:17	2.6	4:10	3.0	10:47	1.4	11:18	0.2	6:52	8:36	
25	Wed	5:39	2.6	4:59	2.7	11:32	1.2	11:48	0.5	6:53	8:36	
26	Thu	6:02	2.6	5:52	2.5			12:18	1.1	6:54	8:35	
27	Fri	6:27	2.7	6:52	2.2	12:16	0.9	1:06	1.0	6:54	8:35	
28	Sat	6:56	2.7	8:03	2.0	12:38	1.3	2:03	0.9	6:55	8:34	
29	Sun	7:29	2.7	9:44	1.8	12:46	1.6	3:15	0.8	6:55	8:33	
30	Mon	8:08	2.7					4:36	0.7	6:56	8:33	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	8:55	2.7					5:45	0.5	6:57	8:32	