
































## Lanark, St. George Sound, FL - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:47	1.4	7:38	1.8	1:33	0.8	12:46	0.5	7:34	5:50	
2	Thu	8:08	1.2	8:20	1.9	2:59	0.6	1:48	0.8	7:34	5:50	
3	Fri	9:53	1.2	9:07	1.9	4:08	0.3	3:20	1.0	7:34	5:51	
4	Sat			12:07	1.4	5:01	-0.1	4:32	1.1	7:34	5:52	
5	Sun			1:07	1.6	5:47	-0.4	5:29	1.2	7:34	5:53	
6	Mon			1:47	1.8	6:31	-0.7	6:20	1.2	7:34	5:53	
7	Tue			2:23	1.9	7:16	-1.0	7:09	1.2	7:35	5:54	
8	Wed	12:32	2.5	2:58	2.0	8:00	-1.2	7:57	1.1	7:35	5:55	
9	Thu	1:19	2.6	3:32	2.0	8:44	-1.2	8:45	1.0	7:35	5:56	
10	Fri	2:05	2.6	4:07	2.0	9:27	-1.2	9:32	0.9	7:35	5:57	
11	Sat	2:53	2.5	4:43	2.0	10:08	-1.0	10:22	0.7	7:35	5:57	
12	Sun	3:43	2.3	5:19	2.0	10:48	-0.7	11:14	0.6	7:35	5:58	
13	Mon	4:38	2.0	5:57	2.0	11:27	-0.3			7:34	5:59	
14	Tue	5:42	1.7	6:36	2.0	12:13	0.5	12:06	0.1	7:34	6:00	
15	Wed	6:58	1.4	7:18	2.0	1:26	0.3	12:49	0.5	7:34	6:01	
16	Thu	8:37	1.2	8:03	2.0	2:54	0.1	1:47	0.8	7:34	6:02	
17	Fri			12:00	1.2	4:13	-0.1	3:13	1.1	7:34	6:02	
18	Sat			1:18	1.4	5:13	-0.3	4:32	1.2	7:34	6:03	
19	Sun			1:50	1.5	6:02	-0.5	5:34	1.2	7:33	6:04	
20	Mon			2:13	1.6	6:46	-0.6	6:25	1.1	7:33	6:05	
21	Tue			2:34	1.7	7:25	-0.7	7:10	1.0	7:33	6:06	
22	Wed	12:33	2.2	2:54	1.8	8:02	-0.8	7:51	0.9	7:32	6:07	
23	Thu	1:14	2.3	3:15	1.8	8:36	-0.8	8:30	0.9	7:32	6:08	
24	Fri	1:52	2.3	3:37	1.8	9:09	-0.7	9:08	0.8	7:32	6:09	
25	Sat	2:29	2.2	4:00	1.8	9:40	-0.6	9:44	0.7	7:31	6:09	
26	Sun	3:07	2.1	4:26	1.8	10:10	-0.5	10:20	0.6	7:31	6:10	
27	Mon	3:47	2.0	4:54	1.9	10:39	-0.3	10:57	0.5	7:30	6:11	
28	Tue	4:31	1.8	5:26	1.9	11:05	0.0	11:39	0.5	7:30	6:12	
29	Wed	5:22	1.6	6:00	1.9	11:28	0.3			7:29	6:13	
30	Thu	6:23	1.4	6:38	1.9	12:31	0.4	11:48 AM	0.5	7:29	6:14	
31	Fri	7:37	1.2	7:22	1.9	1:43	0.3	12:05	0.8	7:28	6:15	