



































Lanark, St. George Sound, FL - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:01	2.7	1:59	3.3	8:39	2.0	9:36	-0.7	6:41	8:43	
2	Sun	4:44	2.7	2:46	3.3	9:29	2.0	10:23	-0.7	6:41	8:43	
3	Mon	5:27	2.6	3:33	3.3	10:19	1.9	11:09	-0.5	6:42	8:43	
4	Tue	6:09	2.6	4:22	3.1	11:10	1.8	11:53	-0.3	6:42	8:43	
5	Wed	6:50	2.5	5:16	2.8			12:04	1.7	6:43	8:43	
6	Thu	7:29	2.5	6:18	2.5	12:35	0.1	1:05	1.5	6:43	8:42	
7	Fri	8:05	2.5	7:31	2.2	1:19	0.5	2:20	1.4	6:43	8:42	
8	Sat	8:40	2.6	8:58	1.9	2:05	0.9	3:47	1.1	6:44	8:42	
9	Sun	9:17	2.6	11:01	1.9	3:01	1.3	5:02	0.9	6:44	8:42	
10	Mon	9:57	2.6			4:08	1.6	5:58	0.6	6:45	8:42	
11	Tue	1:29	2.0	10:41 AM	2.7	5:15	1.7	6:44	0.4	6:45	8:41	
12	Wed	2:27	2.2	11:28 AM	2.7	6:11	1.8	7:25	0.2	6:46	8:41	
13	Thu	3:01	2.3	12:17	2.8	7:01	1.9	8:04	0.0	6:47	8:41	
14	Fri	3:27	2.4	1:03	2.9	7:45	1.9	8:42	-0.1	6:47	8:41	
15	Sat	3:52	2.4	1:45	2.9	8:28	1.9	9:19	-0.1	6:48	8:40	
16	Sun	4:18	2.5	2:24	3.0	9:08	1.8	9:54	-0.1	6:48	8:40	
17	Mon	4:44	2.5	3:02	3.0	9:47	1.8	10:29	-0.1	6:49	8:39	
18	Tue	5:11	2.5	3:39	2.9	10:26	1.7	11:02	0.0	6:49	8:39	
19	Wed	5:40	2.5	4:19	2.8	11:04	1.7	11:34	0.2	6:50	8:39	
20	Thu	6:10	2.5	5:02	2.7	11:43	1.6			6:50	8:38	
21	Fri	6:42	2.5	5:53	2.5	12:05	0.4	12:27	1.5	6:51	8:38	
22	Sat	7:16	2.5	6:56	2.3	12:35	0.6	1:21	1.4	6:52	8:37	
23	Sun	7:51	2.6	8:10	2.1	1:06	0.9	2:31	1.2	6:52	8:37	
24	Mon	8:29	2.6	9:39	2.0	1:41	1.3	3:52	0.9	6:53	8:36	
25	Tue	9:11	2.7	11:55	2.0	2:38	1.6	5:03	0.6	6:53	8:36	
26	Wed	10:00	2.8			4:21	1.9	6:03	0.2	6:54	8:35	
27	Thu	1:53	2.3	10:56 AM	2.9	5:39	2.0	6:56	-0.1	6:54	8:34	
28	Fri	2:41	2.5	11:56 AM	3.1	6:40	2.1	7:48	-0.4	6:55	8:34	
29	Sat	3:17	2.6	12:56	3.2	7:35	2.0	8:37	-0.5	6:56	8:33	
30	Sun	3:50	2.7	1:51	3.3	8:27	1.9	9:25	-0.5	6:56	8:32	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	4:21	2.7	2:42	3.4	9:18	1.8	10:09	-0.4	6:57	8:32	