














Lanark, St. George Sound, FL - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:41	1.6	7:24	1.7	12:25	1.1	12:28	0.1	7:34	5:50	
2	Tue	6:57	1.4	8:00	1.8	1:50	0.9	1:13	0.4	7:34	5:50	
3	Wed	8:24	1.3	8:38	1.9	3:16	0.6	2:23	0.7	7:34	5:51	
4	Thu	10:19	1.3	9:20	2.0	4:18	0.2	3:42	1.0	7:34	5:52	
5	Fri			12:23	1.5	5:09	-0.2	4:47	1.2	7:34	5:53	
6	Sat			1:26	1.7	5:55	-0.6	5:42	1.3	7:34	5:53	
7	Sun			2:10	1.9	6:42	-1.0	6:33	1.4	7:34	5:54	
8	Mon			2:50	2.0	7:29	-1.3	7:21	1.4	7:35	5:55	
9	Tue	12:37	2.6	3:29	2.0	8:16	-1.4	8:09	1.3	7:35	5:56	
10	Wed	1:25	2.7	4:07	2.0	9:03	-1.4	8:57	1.2	7:35	5:57	
11	Thu	2:13	2.6	4:45	1.9	9:47	-1.3	9:46	1.1	7:35	5:57	
12	Fri	3:01	2.5	5:21	1.9	10:30	-1.1	10:37	0.9	7:34	5:58	
13	Sat	3:53	2.3	5:56	1.9	11:11	-0.7	11:33	0.8	7:34	5:59	
14	Sun	4:52	1.9	6:30	1.9	11:51	-0.3			7:34	6:00	
15	Mon	6:00	1.6	7:05	1.9	12:38	0.6	12:31	0.1	7:34	6:01	
16	Tue	7:23	1.3	7:41	1.9	1:59	0.4	1:15	0.6	7:34	6:02	
17	Wed	9:20	1.1	8:21	2.0	3:26	0.2	2:17	0.9	7:34	6:03	
18	Thu			12:49	1.3	4:34	-0.1	3:38	1.1	7:34	6:03	
19	Fri			1:41	1.4	5:28	-0.4	4:49	1.3	7:33	6:04	
20	Sat			2:11	1.6	6:13	-0.6	5:46	1.3	7:33	6:05	
21	Sun			2:34	1.7	6:55	-0.7	6:34	1.3	7:33	6:06	
22	Mon			2:54	1.7	7:34	-0.8	7:17	1.2	7:32	6:07	
23	Tue	12:33	2.2	3:15	1.7	8:11	-0.8	7:57	1.1	7:32	6:08	
24	Wed	1:14	2.3	3:36	1.8	8:46	-0.9	8:35	1.0	7:32	6:09	
25	Thu	1:53	2.3	3:59	1.8	9:20	-0.8	9:12	1.0	7:31	6:09	
26	Fri	2:31	2.3	4:23	1.8	9:51	-0.7	9:48	0.9	7:31	6:10	
27	Sat	3:09	2.2	4:48	1.8	10:22	-0.6	10:24	0.8	7:30	6:11	
28	Sun	3:50	2.0	5:16	1.8	10:50	-0.4	11:03	0.7	7:30	6:12	
29	Mon	4:36	1.9	5:45	1.8	11:17	-0.1	11:47	0.6	7:29	6:13	
30	Tue	5:32	1.6	6:17	1.8	11:41	0.2			7:29	6:14	
31	Wed	6:40	1.4	6:52	1.8	12:44	0.4	12:03	0.6	7:28	6:15	