















Lanark, St. George Sound, FL - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			8:09	2.0	4:09	0.0			7:03	6:37	
2	Sun			2:23	1.7	5:16	-0.1	5:11	1.6	7:02	6:38	
3	Mon			2:08	1.8	6:05	-0.3	6:01	1.4	7:01	6:39	
4	Tue			2:02	1.9	6:46	-0.4	6:42	1.2	7:00	6:39	
5	Wed	12:02	2.3	2:06	2.0	7:22	-0.4	7:20	0.9	6:58	6:40	
6	Thu	12:56	2.4	2:16	2.1	7:57	-0.4	7:59	0.6	6:57	6:41	
7	Fri	1:44	2.5	2:31	2.2	8:30	-0.2	8:37	0.2	6:56	6:41	
8	Sat	2:31	2.5	2:51	2.3	9:02	0.0	9:16	-0.1	6:55	6:42	
9	Sun	4:19	2.4	4:13	2.4	10:33	0.4	10:57	-0.3	7:54	7:43	
10	Mon	5:11	2.3	4:39	2.5	11:01	0.7	11:41	-0.5	7:53	7:43	
11	Tue	6:10	2.0	5:08	2.6	11:23	1.1			7:52	7:44	
12	Wed	7:21	1.8	5:41	2.6	12:29	-0.5	11:32 AM	1.3	7:50	7:45	
13	Thu			6:23	2.5	1:28	-0.4			7:49	7:45	
14	Fri			7:22	2.4	2:49	-0.3			7:48	7:46	
15	Sat			8:43	2.2	4:28	-0.2			7:47	7:46	
16	Sun			2:38	1.9	5:50	-0.2	6:08	1.7	7:46	7:47	
17	Mon			2:34	2.0	6:48	-0.3	7:02	1.4	7:44	7:48	
18	Tue	12:05	2.2	2:37	2.0	7:35	-0.2	7:45	1.0	7:43	7:48	
19	Wed	1:20	2.3	2:45	2.1	8:13	-0.1	8:23	0.7	7:42	7:49	
20	Thu	2:13	2.4	2:56	2.2	8:48	0.1	8:59	0.4	7:41	7:50	
21	Fri	2:57	2.4	3:09	2.3	9:19	0.3	9:33	0.1	7:40	7:50	
22	Sat	3:36	2.4	3:26	2.4	9:49	0.5	10:06	-0.1	7:38	7:51	
23	Sun	4:14	2.3	3:47	2.4	10:16	0.7	10:39	-0.2	7:37	7:51	
24	Mon	4:53	2.2	4:10	2.5	10:42	0.9	11:12	-0.2	7:36	7:52	
25	Tue	5:34	2.1	4:35	2.5	11:03	1.2	11:46	-0.1	7:35	7:53	
26	Wed	6:21	1.9	5:01	2.4	11:15	1.3			7:34	7:53	
27	Thu	7:19	1.7	5:31	2.3	12:25	0.0	11:09 AM	1.5	7:32	7:54	
28	Fri	8:42	1.6	6:07	2.3	1:15	0.1	10:46 AM	1.6	7:31	7:54	
29	Sat			7:08	2.2	2:30	0.3			7:30	7:55	
30	Sun			8:36	2.1	4:10	0.3			7:29	7:56	
31	Mon			2:20	1.9	5:27	0.2	6:00	1.7	7:28	7:56	