

































## Lanark, St. George Sound, FL - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:42	2.4	5:44	2.4	12:05	0.3	12:25	1.5	6:41	8:43	
2	Fri	7:10	2.4	6:43	2.2	12:34	0.6	1:17	1.4	6:41	8:43	
3	Sat	7:40	2.5	7:53	2.0	1:00	0.9	2:21	1.2	6:42	8:43	
4	Sun	8:13	2.5	9:15	1.9	1:23	1.3	3:37	1.0	6:42	8:43	
5	Mon	8:49	2.6			1:36	1.6	4:48	0.7	6:42	8:43	
6	Tue	9:31	2.7					5:45	0.4	6:43	8:43	
7	Wed	2:51	2.1	10:20 AM	2.7	4:56	2.0	6:36	0.1	6:43	8:42	
8	Thu	3:01	2.3	11:16 AM	2.9	6:05	2.1	7:24	-0.2	6:44	8:42	
9	Fri	3:22	2.4	12:14	3.0	7:01	2.2	8:11	-0.4	6:44	8:42	
10	Sat	3:48	2.5	1:10	3.1	7:52	2.1	8:56	-0.5	6:45	8:42	
11	Sun	4:14	2.6	2:03	3.2	8:43	2.0	9:41	-0.6	6:45	8:42	
12	Mon	4:42	2.6	2:53	3.3	9:33	1.9	10:23	-0.5	6:46	8:41	
13	Tue	5:09	2.6	3:44	3.2	10:23	1.6	11:02	-0.2	6:46	8:41	
14	Wed	5:36	2.7	4:37	3.0	11:14	1.4	11:40	0.1	6:47	8:41	
15	Thu	6:05	2.7	5:37	2.7			12:06	1.1	6:47	8:40	
16	Fri	6:35	2.8	6:45	2.3	12:14	0.5	1:04	0.9	6:48	8:40	
17	Sat	7:08	2.8	8:07	2.0	12:47	1.0	2:10	0.7	6:48	8:40	
18	Sun	7:44	2.9	10:03	1.9	1:14	1.4	3:30	0.6	6:49	8:39	
19	Mon	8:26	2.9			1:14	1.8	4:49	0.4	6:50	8:39	
20	Tue	9:13	2.9					5:55	0.2	6:50	8:38	
21	Wed	10:10	2.9					6:50	0.0	6:51	8:38	
22	Thu	3:26	2.3	11:14 AM	2.9	6:09	2.2	7:38	-0.1	6:51	8:37	
23	Fri	3:42	2.4	12:20	2.9	7:07	2.1	8:21	-0.1	6:52	8:37	
24	Sat	3:55	2.4	1:16	3.0	7:57	2.0	9:00	-0.1	6:52	8:36	
25	Sun	4:09	2.4	2:03	3.0	8:41	1.8	9:35	-0.1	6:53	8:36	
26	Mon	4:24	2.5	2:44	3.0	9:23	1.7	10:07	0.0	6:54	8:35	
27	Tue	4:40	2.5	3:24	3.0	10:02	1.6	10:37	0.2	6:54	8:35	
28	Wed	4:57	2.5	4:04	2.9	10:39	1.4	11:06	0.4	6:55	8:34	
29	Thu	5:17	2.6	4:46	2.7	11:16	1.3	11:32	0.6	6:55	8:33	
30	Fri	5:41	2.6	5:32	2.5	11:53	1.1	11:55	0.9	6:56	8:33	
31	Sat	6:07	2.6	6:26	2.3			12:34	1.0	6:57	8:32	