






















## Lanark, St. George Sound, FL - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:34	2.0	4:21	2.3	10:28	0.6	11:14	-0.2	7:03	6:37	
2	Sat	5:31	1.8	4:56	2.3	10:52	0.8			7:02	6:38	
3	Sun	6:40	1.6	5:39	2.3	12:06	-0.2	11:09 AM	1.1	7:01	6:39	
4	Mon	8:12	1.5	6:32	2.2	1:15	-0.2	11:11 AM	1.3	7:00	6:39	
5	Tue			7:39	2.2	2:44	-0.1			6:59	6:40	
6	Wed			1:03	1.7	4:11	-0.2	4:10	1.5	6:58	6:41	
7	Thu			1:04	1.8	5:17	-0.3	5:26	1.3	6:56	6:41	
8	Fri			1:17	1.9	6:11	-0.3	6:19	1.0	6:55	6:42	
9	Sat			1:35	2.0	6:57	-0.3	7:06	0.7	6:54	6:43	
10	Sun	12:51	2.4	2:54	2.2	8:37	-0.2	8:48	0.4	7:53	7:43	
11	Mon	2:41	2.4	3:15	2.3	9:14	0.0	9:28	0.2	7:52	7:44	
12	Tue	3:24	2.4	3:37	2.3	9:49	0.1	10:07	0.0	7:51	7:44	
13	Wed	4:05	2.3	4:01	2.4	10:21	0.4	10:44	-0.1	7:49	7:45	
14	Thu	4:45	2.2	4:28	2.4	10:51	0.6	11:20	-0.1	7:48	7:46	
15	Fri	5:27	2.1	4:57	2.4	11:19	0.8	11:58	-0.1	7:47	7:46	
16	Sat	6:12	1.9	5:29	2.3	11:42	1.0			7:46	7:47	
17	Sun	7:04	1.7	6:05	2.2	12:39	0.0	11:56 AM	1.2	7:45	7:48	
18	Mon	8:09	1.5	6:50	2.1	1:29	0.2	11:52 AM	1.3	7:43	7:48	
19	Tue			7:48	2.0	2:40	0.3			7:42	7:49	
20	Wed			8:59	1.9	4:13	0.4			7:41	7:49	
21	Thu			1:56	1.7	5:30	0.3	5:46	1.4	7:40	7:50	
22	Fri			1:43	1.8	6:24	0.2	6:37	1.2	7:39	7:51	
23	Sat			1:50	1.9	7:07	0.2	7:17	1.0	7:37	7:51	
24	Sun	12:54	2.2	2:04	2.1	7:45	0.2	7:55	0.7	7:36	7:52	
25	Mon	1:47	2.3	2:22	2.2	8:21	0.2	8:32	0.4	7:35	7:52	
26	Tue	2:33	2.5	2:45	2.4	8:57	0.3	9:10	0.1	7:34	7:53	
27	Wed	3:17	2.5	3:10	2.5	9:31	0.5	9:49	-0.1	7:33	7:54	
28	Thu	4:01	2.5	3:38	2.6	10:05	0.7	10:29	-0.3	7:31	7:54	
29	Fri	4:47	2.4	4:09	2.7	10:38	0.9	11:11	-0.4	7:30	7:55	
30	Sat	5:39	2.3	4:43	2.7	11:09	1.2	11:57	-0.4	7:29	7:55	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>6:37</b>	2.1	<b>5:22</b>	2.6	<b>11:39</b>	1.4			7:28	7:56	