



































Lanark, St. George Sound, FL - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:21	2.5	1:22	3.1	7:57	1.8	8:52	-0.2	6:58	8:31	
2	Tue	3:47	2.6	2:12	3.1	8:45	1.7	9:33	-0.1	6:58	8:30	
3	Wed	4:12	2.6	2:56	3.1	9:30	1.5	10:10	0.0	6:59	8:29	
4	Thu	4:36	2.6	3:38	3.0	10:12	1.4	10:45	0.2	6:59	8:29	
5	Fri	5:01	2.6	4:19	2.9	10:53	1.3	11:17	0.4	7:00	8:28	
6	Sat	5:28	2.6	5:03	2.7	11:33	1.2	11:48	0.7	7:01	8:27	
7	Sun	5:56	2.6	5:50	2.5			12:14	1.2	7:01	8:26	
8	Mon	6:28	2.6	6:44	2.3	12:18	1.0	1:00	1.1	7:02	8:25	
9	Tue	7:04	2.6	7:48	2.1	12:44	1.2	1:57	1.1	7:02	8:24	
10	Wed	7:44	2.6	9:07	2.0	1:06	1.5	3:13	1.1	7:03	8:23	
11	Thu	8:29	2.6			1:12	1.7	4:35	0.9	7:04	8:22	
12	Fri	9:22	2.6					5:41	0.7	7:04	8:22	
13	Sat	2:14	2.1	10:22 AM	2.6	5:19	2.0	6:32	0.5	7:05	8:21	
14	Sun	2:21	2.3	11:26 AM	2.7	6:20	2.0	7:16	0.3	7:05	8:20	
15	Mon	2:37	2.4	12:26	2.9	7:09	1.9	7:57	0.2	7:06	8:19	
16	Tue	2:57	2.5	1:19	3.0	7:53	1.7	8:37	0.1	7:06	8:18	
17	Wed	3:19	2.6	2:06	3.1	8:36	1.6	9:15	0.0	7:07	8:17	
18	Thu	3:42	2.7	2:52	3.2	9:18	1.4	9:53	0.1	7:08	8:16	
19	Fri	4:08	2.8	3:37	3.1	10:00	1.2	10:29	0.3	7:08	8:15	
20	Sat	4:36	2.9	4:24	3.0	10:43	1.0	11:05	0.5	7:09	8:14	
21	Sun	5:06	2.9	5:16	2.8	11:28	0.9	11:39	0.8	7:09	8:12	
22	Mon	5:39	2.9	6:15	2.6			12:16	0.7	7:10	8:11	
23	Tue	6:17	2.9	7:25	2.3	12:12	1.2	1:12	0.7	7:10	8:10	
24	Wed	6:59	2.9	8:53	2.1	12:44	1.5	2:23	0.6	7:11	8:09	
25	Thu	7:49	2.9	11:29	2.1	1:18	1.8	3:49	0.6	7:12	8:08	
26	Fri	8:47	2.8			2:54	2.1	5:11	0.4	7:12	8:07	
27	Sat	1:49	2.3	9:55 AM	2.8	4:56	2.1	6:15	0.3	7:13	8:06	
28	Sun	2:12	2.4	11:12 AM	2.8	6:12	2.0	7:08	0.2	7:13	8:05	
29	Mon	2:31	2.5	12:26	2.9	7:07	1.8	7:53	0.2	7:14	8:04	
30	Tue	2:51	2.6	1:25	3.0	7:53	1.6	8:33	0.2	7:14	8:02	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	3:10	2.7	2:13	3.0	8:35	1.4	9:10	0.3	7:15	8:01	