


































Lanark, St. George Sound, FL - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:26	2.5	1:23	3.0	8:04	1.9	8:57	-0.5	6:41	8:43	
2	Tue	4:06	2.6	2:06	3.2	8:50	2.0	9:41	-0.6	6:41	8:43	
3	Wed	4:47	2.6	2:50	3.2	9:36	2.0	10:26	-0.6	6:42	8:43	
4	Thu	5:29	2.6	3:35	3.2	10:23	1.9	11:09	-0.5	6:42	8:43	
5	Fri	6:10	2.6	4:23	3.0	11:12	1.8	11:52	-0.3	6:42	8:43	
6	Sat	6:51	2.6	5:18	2.8			12:05	1.7	6:43	8:43	
7	Sun	7:29	2.6	6:23	2.5	12:35	0.1	1:08	1.6	6:43	8:42	
8	Mon	8:06	2.6	7:40	2.2	1:20	0.5	2:25	1.3	6:44	8:42	
9	Tue	8:42	2.6	9:12	2.0	2:08	0.9	3:52	1.0	6:44	8:42	
10	Wed	9:21	2.7	11:25	1.9	3:07	1.3	5:06	0.7	6:45	8:42	
11	Thu	10:03	2.8			4:17	1.6	6:04	0.4	6:45	8:42	
12	Fri	1:42	2.1	10:50 AM	2.8	5:23	1.8	6:53	0.1	6:46	8:41	
13	Sat	2:40	2.3	11:40 AM	2.9	6:21	1.9	7:38	-0.1	6:46	8:41	
14	Sun	3:16	2.4	12:31	3.0	7:13	2.0	8:21	-0.2	6:47	8:41	
15	Mon	3:46	2.4	1:18	3.0	8:00	1.9	9:01	-0.2	6:47	8:40	
16	Tue	4:13	2.5	2:02	3.0	8:45	1.9	9:39	-0.2	6:48	8:40	
17	Wed	4:39	2.5	2:42	3.0	9:27	1.8	10:15	-0.2	6:48	8:40	
18	Thu	5:06	2.5	3:21	3.0	10:07	1.8	10:50	-0.1	6:49	8:39	
19	Fri	5:33	2.5	4:00	2.9	10:46	1.7	11:23	0.1	6:50	8:39	
20	Sat	6:00	2.4	4:41	2.8	11:25	1.6	11:55	0.3	6:50	8:38	
21	Sun	6:29	2.4	5:27	2.6			12:06	1.6	6:51	8:38	
22	Mon	7:00	2.4	6:21	2.4	12:26	0.6	12:52	1.5	6:51	8:38	
23	Tue	7:32	2.5	7:25	2.2	12:55	0.9	1:51	1.4	6:52	8:37	
24	Wed	8:07	2.5	8:40	2.0	1:24	1.2	3:07	1.2	6:52	8:36	
25	Thu	8:45	2.5	10:14	1.9	1:57	1.5	4:24	1.0	6:53	8:36	
26	Fri	9:27	2.6			3:15	1.7	5:27	0.7	6:54	8:35	
27	Sat	1:00	2.0	10:16 AM	2.7	4:53	1.9	6:19	0.3	6:54	8:35	
28	Sun	2:13	2.3	11:10 AM	2.8	6:00	2.0	7:08	0.0	6:55	8:34	
29	Mon	2:49	2.4	12:08	3.0	6:55	2.1	7:55	-0.2	6:55	8:33	
30	Tue	3:21	2.6	1:04	3.1	7:46	2.0	8:42	-0.4	6:56	8:33	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	3:52	2.7	1:56	3.3	8:34	2.0	9:28	-0.5	6:57	8:32	