




























## Lanark, St. George Sound, FL - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:34	2.9	7:33	2.2			12:12	-0.1	7:52	6:51	
2	Sat	5:11	2.7	8:57	2.1			1:02	0.1	7:52	6:51	
3	Sun	4:56	2.4	9:53	2.1	12:32	2.0	1:02	0.3	6:53	5:50	
4	Mon	6:02	2.2	11:09	2.1	1:30	2.0	2:22	0.5	6:54	5:49	
5	Tue	7:28	2.0	11:25	2.1	4:15	1.8	3:43	0.6	6:55	5:48	
6	Wed	9:05	1.9	11:38	2.2	5:04	1.5	4:42	0.7	6:55	5:48	
7	Thu	10:48	2.0	11:52	2.3	5:38	1.2	5:27	0.7	6:56	5:47	
8	Fri			12:00	2.1	6:08	0.9	6:05	0.8	6:57	5:46	
9	Sat	12:08	2.4	12:50	2.3	6:38	0.6	6:40	0.9	6:58	5:46	
10	Sun	12:28	2.5	1:31	2.4	7:10	0.3	7:14	1.0	6:59	5:45	
11	Mon	12:51	2.6	2:08	2.5	7:42	0.0	7:48	1.2	6:59	5:44	
12	Tue	1:16	2.7	2:46	2.5	8:16	-0.2	8:21	1.3	7:00	5:44	
13	Wed	1:43	2.7	3:26	2.5	8:51	-0.3	8:53	1.4	7:01	5:43	
14	Thu	2:12	2.8	4:11	2.4	9:27	-0.4	9:24	1.6	7:02	5:43	
15	Fri	2:41	2.7	5:02	2.3	10:06	-0.4	9:54	1.7	7:03	5:42	
16	Sat	3:13	2.7	6:04	2.2	10:48	-0.4	10:26	1.8	7:04	5:42	
17	Sun	3:49	2.6	7:15	2.1	11:36	-0.3	11:12	1.9	7:04	5:41	
18	Mon	4:37	2.4	8:25	2.1			12:34	-0.1	7:05	5:41	
19	Tue	5:54	2.2	9:22	2.1	1:07	1.9	1:47	0.1	7:06	5:41	
20	Wed	7:29	2.0	10:05	2.2	3:25	1.6	3:06	0.3	7:07	5:40	
21	Thu	9:10	1.9	10:39	2.3	4:34	1.2	4:14	0.5	7:08	5:40	
22	Fri	11:00	1.9	11:11	2.4	5:21	0.7	5:09	0.7	7:08	5:40	
23	Sat			12:25	2.1	6:03	0.2	5:56	0.9	7:09	5:39	
24	Sun			1:25	2.3	6:45	-0.2	6:40	1.1	7:10	5:39	
25	Mon	12:16	2.7	2:14	2.3	7:26	-0.6	7:22	1.2	7:11	5:39	
26	Tue	12:49	2.8	2:59	2.4	8:08	-0.8	8:03	1.4	7:12	5:39	
27	Wed	1:23	2.9	3:43	2.3	8:49	-0.9	8:43	1.5	7:13	5:38	
28	Thu	1:58	2.8	4:28	2.2	9:30	-0.8	9:22	1.5	7:13	5:38	
29	Fri	2:33	2.7	5:17	2.1	10:10	-0.7	10:00	1.6	7:14	5:38	
30	Sat	3:09	2.6	6:10	2.0	10:51	-0.5	10:41	1.6	7:15	5:38	