
















## Lanark, St. George Sound, FL - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:31	1.9	6:33	1.7	11:45	-0.1			7:33	5:49	
2	Tue	5:30	1.6	7:00	1.7	12:11	1.0	12:15	0.2	7:34	5:50	
3	Wed	6:43	1.4	7:29	1.8	1:23	0.8	12:46	0.5	7:34	5:51	
4	Thu	8:09	1.2	8:01	1.8	2:46	0.5	1:22	0.9	7:34	5:51	
5	Fri	10:22	1.2	8:39	1.9	3:55	0.2	2:48	1.2	7:34	5:52	
6	Sat			1:27	1.4	4:48	-0.2	4:13	1.4	7:34	5:53	
7	Sun			1:59	1.7	5:36	-0.5	5:15	1.5	7:34	5:54	
8	Mon			2:28	1.8	6:22	-0.8	6:07	1.6	7:34	5:55	
9	Tue			2:58	1.9	7:08	-1.1	6:54	1.6	7:35	5:55	
10	Wed	12:01	2.4	3:28	1.9	7:54	-1.3	7:40	1.5	7:35	5:56	
11	Thu	12:52	2.6	3:59	1.9	8:39	-1.4	8:26	1.4	7:35	5:57	
12	Fri	1:40	2.6	4:30	1.9	9:23	-1.4	9:14	1.3	7:34	5:58	
13	Sat	2:29	2.6	4:58	1.9	10:04	-1.2	10:03	1.0	7:34	5:59	
14	Sun	3:20	2.4	5:26	1.9	10:42	-0.9	10:55	0.8	7:34	5:59	
15	Mon	4:16	2.1	5:53	1.9	11:19	-0.5	11:52	0.5	7:34	6:00	
16	Tue	5:22	1.8	6:21	2.0	11:52	0.0			7:34	6:01	
17	Wed	6:41	1.4	6:53	2.1	1:00	0.3	12:22	0.5	7:34	6:02	
18	Thu	8:24	1.2	7:28	2.1	2:21	0.0	12:40	0.9	7:34	6:03	
19	Fri			8:10	2.2	3:42	-0.3			7:33	6:04	
20	Sat			9:01	2.2	4:49	-0.5			7:33	6:05	
21	Sun			2:39	1.7	5:46	-0.7	5:03	1.6	7:33	6:05	
22	Mon			2:57	1.7	6:36	-0.9	6:05	1.5	7:33	6:06	
23	Tue			3:14	1.7	7:22	-0.9	6:56	1.4	7:32	6:07	
24	Wed	12:07	2.3	3:30	1.7	8:03	-1.0	7:41	1.3	7:32	6:08	
25	Thu	12:57	2.3	3:46	1.7	8:40	-1.0	8:22	1.1	7:31	6:09	
26	Fri	1:40	2.3	4:03	1.7	9:14	-0.9	9:01	1.0	7:31	6:10	
27	Sat	2:20	2.3	4:20	1.7	9:45	-0.8	9:38	0.9	7:31	6:11	
28	Sun	2:59	2.2	4:38	1.7	10:14	-0.6	10:15	0.7	7:30	6:11	
29	Mon	3:41	2.1	4:58	1.8	10:41	-0.3	10:52	0.6	7:30	6:12	
30	Tue	4:26	1.9	5:21	1.8	11:05	0.0	11:31	0.4	7:29	6:13	
31	Wed	5:19	1.6	5:46	1.8	11:24	0.3			7:29	6:14	