

































## Lanark, St. George Sound, FL - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:18	2.6	4:35	2.8	11:06	1.4	11:25	0.4	6:57	8:31	
2	Sun	5:41	2.7	5:25	2.6	11:46	1.2	11:50	0.8	6:58	8:30	
3	Mon	6:05	2.7	6:25	2.4			12:30	1.0	6:59	8:30	
4	Tue	6:33	2.8	7:38	2.2	12:11	1.2	1:23	0.8	6:59	8:29	
5	Wed	7:05	2.8	9:13	2.0	12:23	1.5	2:33	0.6	7:00	8:28	
6	Thu	7:44	2.9			12:15	1.9	3:58	0.4	7:00	8:27	
7	Fri	8:33	3.0					5:19	0.1	7:01	8:26	
8	Sat	9:36	3.0					6:25	-0.1	7:02	8:26	
9	Sun	3:37	2.5	10:52 AM	3.1	5:55	2.5	7:23	-0.3	7:02	8:25	
10	Mon	3:37	2.6	12:11	3.2	7:02	2.3	8:13	-0.4	7:03	8:24	
11	Tue	3:46	2.6	1:20	3.3	7:58	2.1	8:59	-0.4	7:03	8:23	
12	Wed	4:00	2.6	2:18	3.3	8:48	1.8	9:40	-0.2	7:04	8:22	
13	Thu	4:16	2.7	3:09	3.2	9:36	1.5	10:17	0.0	7:04	8:21	
14	Fri	4:34	2.7	3:58	3.1	10:21	1.2	10:50	0.4	7:05	8:20	
15	Sat	4:53	2.8	4:47	2.9	11:05	0.9	11:20	0.7	7:06	8:19	
16	Sun	5:15	2.8	5:38	2.6	11:47	0.8	11:46	1.1	7:06	8:18	
17	Mon	5:39	2.8	6:35	2.3			12:31	0.7	7:07	8:17	
18	Tue	6:07	2.8	7:44	2.1	12:06	1.5	1:20	0.7	7:07	8:16	
19	Wed	6:39	2.8			12:10	1.7	2:22	0.7	7:08	8:15	
20	Thu	7:18	2.7					3:48	0.7	7:09	8:14	
21	Fri	8:08	2.7					5:15	0.6	7:09	8:13	
22	Sat	9:13	2.7					6:20	0.5	7:10	8:12	
23	Sun	3:21	2.4	10:30 AM	2.7	6:04	2.3	7:09	0.4	7:10	8:11	
24	Mon	3:20	2.4	11:48 AM	2.8	6:55	2.1	7:49	0.2	7:11	8:10	
25	Tue	3:19	2.5	12:52	2.9	7:36	2.0	8:25	0.2	7:11	8:09	
26	Wed	3:23	2.5	1:42	3.0	8:15	1.8	8:57	0.2	7:12	8:07	
27	Thu	3:32	2.6	2:26	3.1	8:52	1.5	9:28	0.3	7:12	8:06	
28	Fri	3:45	2.7	3:08	3.1	9:28	1.3	9:58	0.4	7:13	8:05	
29	Sat	4:00	2.8	3:51	3.0	10:05	1.0	10:27	0.7	7:14	8:04	
30	Sun	4:20	2.8	4:37	2.9	10:42	0.8	10:54	1.0	7:14	8:03	
31	Mon	4:42	2.9	5:28	2.7	11:20	0.6	11:17	1.3	7:15	8:02	