































Lanark, St. George Sound, FL - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			2:14	1.8	6:24	-1.0	6:02	1.5	7:34	5:50	
2	Wed			2:44	1.9	7:13	-1.2	6:56	1.4	7:34	5:50	
3	Thu	12:16	2.6	3:13	1.9	8:00	-1.3	7:47	1.2	7:34	5:51	
4	Fri	1:08	2.6	3:41	1.9	8:44	-1.2	8:37	1.1	7:34	5:52	
5	Sat	1:56	2.6	4:09	1.9	9:24	-1.1	9:24	0.9	7:34	5:53	
6	Sun	2:41	2.4	4:36	1.9	10:01	-0.8	10:10	0.8	7:34	5:53	
7	Mon	3:27	2.2	5:03	1.9	10:35	-0.5	10:56	0.6	7:34	5:54	
8	Tue	4:15	1.9	5:31	1.9	11:07	-0.2	11:44	0.5	7:34	5:55	
9	Wed	5:08	1.6	6:01	1.9	11:36	0.2			7:34	5:56	
10	Thu	6:10	1.4	6:34	1.9	12:40	0.4	12:01	0.5	7:34	5:57	
11	Fri	7:25	1.2	7:11	1.9	1:51	0.3	12:14	0.8	7:34	5:57	
12	Sat			7:54	1.9	3:13	0.2			7:34	5:58	
13	Sun			8:43	1.9	4:24	0.0			7:34	5:59	
14	Mon			2:10	1.4	5:18	-0.3	4:33	1.3	7:34	6:00	
15	Tue			2:18	1.5	6:04	-0.5	5:33	1.3	7:34	6:01	
16	Wed			2:27	1.6	6:46	-0.6	6:23	1.3	7:34	6:02	
17	Thu			2:42	1.7	7:25	-0.8	7:08	1.2	7:34	6:02	
18	Fri	12:27	2.3	3:00	1.8	8:01	-0.9	7:50	1.1	7:34	6:03	
19	Sat	1:11	2.3	3:20	1.8	8:37	-0.9	8:32	0.9	7:33	6:04	
20	Sun	1:54	2.4	3:41	1.9	9:10	-0.9	9:12	0.8	7:33	6:05	
21	Mon	2:36	2.3	4:05	1.9	9:43	-0.7	9:53	0.6	7:33	6:06	
22	Tue	3:21	2.2	4:31	2.0	10:15	-0.5	10:35	0.4	7:32	6:07	
23	Wed	4:10	2.0	5:00	2.0	10:45	-0.2	11:22	0.2	7:32	6:08	
24	Thu	5:08	1.7	5:33	2.1	11:12	0.2			7:32	6:08	
25	Fri	6:16	1.5	6:09	2.1	12:17	0.1	11:33 AM	0.6	7:31	6:09	
26	Sat	7:42	1.2	6:51	2.2	1:28	-0.1	11:41 AM	0.9	7:31	6:10	
27	Sun			7:42	2.2	2:54	-0.3			7:30	6:11	
28	Mon			8:43	2.2	4:15	-0.5			7:30	6:12	
29	Tue			2:07	1.6	5:21	-0.7	4:51	1.5	7:29	6:13	
30	Wed			2:15	1.7	6:17	-0.9	5:59	1.4	7:29	6:14	
31	Thu			2:29	1.8	7:05	-1.0	6:54	1.2	7:28	6:15	